

Thames Valley School of Psychiatry List of agreed study leave courses for 2018

In response to concerns raised by trainees nationally, the process for funding trainee study leave has moved from individual trusts to a centralised deanery process, effective from April 2018.

For detailed guidance on Study leave and Study Budgets please see the website http://www.oxforddeanery.nhs.uk/about_oxford_deanery/medical_and_dental_policies/study_leave.aspx

Please note that study leave does NOT cover:

- Time and cost of Mandatory training that is required by NHS Trusts to fulfill trainee's clinical role
- RCPsych membership and exam fees and related expenses

Please note that the following regular protected educational events are timetabled in work schedules for psychiatry trainees and do not require study leave application or approval:

- Trust based Psychotherapy teaching (including supervision, CBDGs) for Core trainees
- A weekly Academic Meeting in Local trust, department or for regional specialty which should be attended by trainees alongside other colleagues
- Trust Journal/critical appraisal club for core trainees
- Special interest/research sessions for higher trainees

Postgraduate schools have been asked to provide a list of essential courses which are considered to be either essential or the best means to achieve curriculum delivery. The RCPsych HOS are considering how to achieve consistency across the UK and give guidance. This list is therefore not exhaustive and is a work in progress. It should be viewed as a guide for trainees and their CS/PS/ES when considering study leave/funding during the PDP discussion at the start of each post. Any application for overseas study leave will need to be discussed with the TPD and Head of School. There will be opportunities to apply for aspirational funding. Any other queries about a trainee's request or about the process should be directed to the TPD initially.

Study leave use and funding is being monitored centrally by Ann Heath and Jane Siddall and each specialty is being overseen by the Head of School in monthly reports.

Programme and year of training	Essential	Strongly recommended for curriculum delivery
Core CT/ST1&2	Oxford Post Graduate Psychiatry Course (MRCPsych regional course) This course will be funded by arrangement between Trust and OPPC and 20/30 Study leave days will be top-sliced. Trainees do not need to apply individually but they must register with the course and sign for each attendance to ensure compliance with core curriculum.	

Core CT/ST		Time for MRCPsych exam preparation days must be applied for and discussed locally (see Study leave guidance)
Core CT/ST 3		Introductory Course for MHA Sec 12(2) approval
Core CT/ST		Time for Teacher training course e.g. UNICON or Teach the Teacher which are provided without charge by Medical schools
Core CT/ST 2/3		CASC preparation course
Core and ST1-3 academic trainees		Poster/research presentation at regional or national course. International courses outside UK to be discussed with TPD
All Higher specialty programmes ST4-ST6	Introductory Course for MHA Sec 12(2) approval	
All Higher specialty programmes ST4-ST6	Management /Leadership Course e.g. Nuts and Bolts NHS Leadership academy	
All Higher specialty programmes ST4-ST6		RCPsych Leadership and Management for trainees and new consultants
All Higher specialty programmes ST4-ST6	Teacher training course e.g. provided by relevant Oxford or Southampton medical schools or Teach the Teacher. Usually delivered free of charge.	
All Higher specialty programmes ST4-ST6		Specific psychotherapy modality course
All Higher specialty programmes ST6	Educator Training for Education and Clinical Supervisors e.g. Thames valley Education Development Faculty	
All Higher specialty programmes ST4-ST6		Psychopharmacology e.g. (BAP) Psychopharmacology course in relevant area e.g. (BAP)
All Higher specialty programmes ST4-ST6	1x RCPsych professional conference i.e. International Congress, or Faculty Conference at some stage of higher training	
All Higher specialty programmes ST4-ST6	Study leave to attend annual or biannual regional CPD trainee days e.g. SpR Day	

All Higher specialty ST6 trainees	Approved Clinician Introduction Course	
All Higher specialty programmes ST4-ST6		RCPsych ECT prescribing course
All Higher specialty programmes ST4-ST6		Physical healthcare for Psychiatrists
Forensic ST4-6		Medico legal report writing if identified by CS/ES that required by a trainee
Forensic ST4-6		Courtroom skills e.g. RCPsych course
Medical Psychotherapy ST4 through to ST6	Individual Personal Psychotherapy. Curriculum states minimum of once weekly. HEETV programme requires a minimum twice weekly throughout entire higher training and for some modalities 3x week is recommended. Trainee may be expected to contribute to funding personal therapy of frequency >2x weekly.	
Medical Psychotherapy ST4 through to ST6	Course relevant to <u>one</u> of the following brief therapies a) CAT b) DBT c) MBT d) IGA Introduction to Group Analysis e) PIT f) DIT.	
Child and adolescent ST4-6		One Course for learning therapeutic modalities: CBT/FT/DBT/infant observation.
Child and adolescent ST4-6 Learning Disability ST4-6		Training for clinical diagnostic assessment for autism e.g. ADOS (local 2 day course approx. £500 or ADI (Autism Diagnostic Interview) training approx. £750).
Child and adolescent ST4-6		Courses which build on individual interests e.g. Medically unexplained symptoms course, Drug and alcohol course ILO 17, Autism conference ILO 13, ADHD conference ILO 5, Treatment of psychosis ILO 5