

Advice for Educational Supervisors, Trainers and Trainees where Shielding for COVID-19 Pandemic applies

All trainees shielding or shielding by proxy should have a personalised risk assessment discussion with employer's occupational health (OH) department, regardless of government advice around shielding for the general population

Decision shielding / shielding by proxy / stringent distancing required

Initial Planning Phase

- Meet virtually with Educational Supervisor or equivalent
- Discuss trainee's clinical, educational and wellbeing needs
- Use OH assessment advice
- Agree PDP for type of work and training in light of this advice
- Complete pre/during shielding information

Shielding / Self Isolation Phase

- Regular virtual meetings with ES or equivalent 1-2 weekly
- Check in on wellbeing and progress
- Review PDP and activities against curriculum and learning needs (see main document for ideas on work & resources)
- Document meetings on ePortfolio
- Discuss planning and preparation for returning to face-to-face training as appropriate

Return Phase

- When provisional date for returning to workplace and usual full duties is decided, formal RTT plan should be drawn up
- Document this on a pre-return RTT form
- Perform gap analysis with detailed plan for return including phased return if needed
- Consider formal OH review again
- ES and trainee to meet in the first 2-3 weeks following clinical return to review how this is going

Ensure trainee wellbeing, Utilise resources including PSU, peer support, coaching and mentoring

Consider how to fill future curriculum requirements, plan ahead
Consider RTT support

Useful Websites:

[HEE Supported Return to Training](#)

[HEE COVID-19 Information for Trainees](#)

[HEE SupportRTT Clinical Refresher Webinars](#)