



Professional Support & Wellbeing Service Health Education Thames Valley Chancellor Court Oxford Business Park South Oxford OX4 2GX T: 01865932088

Dear Colleague

Recruitment of additional PSWS coaches and mentors

We are recruiting additional coaches to join our team at the Professional Support and Wellbeing Service (PSWS) within Health Education England- Thames Valley. We invite you to read the accompanying information and submit an application.

In selecting new coaches, we will be looking both at the personal qualities and experience of the individual, and to balance the mix of coaching portfolio skills with the broader range of services offered across Thames Valley. We welcome applications from coaches of all professional backgrounds. More information about the PSWS and its work can be found at our website: <u>https://thamesvalley.hee.nhs.uk/resources-information/professional-support-wellbeing/</u>.

In addition to individual coaching, our coaches are becoming increasingly involved in providing support and developmental sessions for educators, and form part of the faculty for our Workshop Programme for trainees, our nationally accredited Survive and Thrive Wellbeing Programme, and our Café Coaching initiative.

Our PSWS coaches are all employed on the HEE Casual Worker Contract and bound by additional requirements specified in the local Appendix (See TRAC for details). Our coaches are expected to attend a half day PSWS development meeting per year, monthly evening group supervision meetings, as well as one-to-one individual supervision sessions with accredited coach supervisors provided in house, to support professional development in this role. We have found that having supervision for the role 10 out of the 12 months of the year helpful. We expect attendance at a minimum of 6 group sessions, but most coaches try to come to as many as possible, as they find them useful, enjoyable and supportive. Additional one-to-one individual supervision will be provided usually every six to eight weeks (with the expectation of a minimum of 4 of these per year) and a supervisor is available for case discussion at other times.

We try to match work to the coach's capacity and to keep the group of coaches to a size where everyone is working regularly. However, we cannot guarantee to offer work or that it





will be regular through the year. As a minimum, PSWS coaches are expected to be able to commit an average of four hours a week to PSWS work, on at least two working days of the week, so that there is some flexibility in communication, making appointments with our clients, and an option to travel to where they are, if that is necessary.

Further enquiries or to discuss the role further: Please contact Haido Vlachos (<u>haido.vlachos@hee.nhs.uk</u>) or Jenny Gavriel (<u>Jenny.Gavriel@hee.nhs.uk</u>)

Kind regards

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Haido Vlachos Associate Dean for Professional Support and Wellbeing Service

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Jenny Gavriel Associate Director for Professional Support and Wellbeing Service

