# PROFESSIONAL SUPPORT AND WELLBEING SERVICE

## Thames Valley

Fully funded, virtual one off coaching sessions to support the people supporting trainees.

An opportunity to explore an aspect of your personal or professional development with one of our experienced coaching team.

#### CONTACT

#### WEBSITE:

Professional Support & Wellbeing Service - Working across Thames Valley (hee.nhs.uk)

#### **EMAIL:**

psw.tv@hee.nhs.uk

# \*Educator Coaching\*

### \*For a limited time only\*

The last two years have placed unprecedented demands on everyone in the healthcare service. Educators have had to handle the demands on themselves as well as the impact that this has had on trainees.

We are really pleased to announce that, between January and March 2022, the Professional Support and Wellbeing Service in Thames Valley is able to offer 100 coaching sessions for educators supervising trainees. This is fully funded by HEE and allows us to offer support for 100 educators across Thames Valley.

These one off, virtual coaching sessions can be focused on any area of your personal and professional development, it does not need to relate to your role as an educator. Your coach will take a holistic approach to helping you refine the challenges, explore your context and identify options and actions you can take to move forwards positively.

These will be allocated on a first come first served basis.

## How to register?

The registration form is available on our website, under the 'How to Refer' section.

How to refer - Working across Thames Valley (hee.nhs.uk)

### Further questions?

There is further information about coaching and our team on our website (Professional Support & Wellbeing Service – Working across Thames Valley (hee.nhs.uk)) or email psw.tv@hee.nhs.uk if you have any further questions.

