

PSWS Educator Learning Lunches

Following the **success of the trainee workshop** programme provided by PSWS, PSWS is pleased to be able to offer a similar, **virtual programme of relevant topics for Educational and Clinical Supervisors** of doctors in training across Thames Valley and Wessex.

These Learning Lunches will normally be a **maximum of one hour** long across lunchtime to facilitate attendance with minimal disruption to clinical work. The workshop format includes the **introduction of some new ideas** followed by **group discussions** where experiences and thoughts can be shared with other interested educators.

Schedule

Thursday 26th October 1.00-2.00

Coaching conversations – the basics

This workshop covers the basic principles of coaching and coaching style conversations. You will be asked to bring with you a real, workplace based problem that is contained enough to be explored in a short conversation with a peer.

Wednesday 1st November 1.00-2.00

Developing your trainee's reflective practice

This workshop will look at some models of reflection and consider differences in approaches to reflection based on personality and cultural backgrounds. Discussion will explore how educators can develop deeper reflection in doctors in training.

Wednesday 15th November 1.00-2.00

Supporting your trainee's well-being

This workshop will explore the early identifiers of deteriorating well-being. Techniques for approaching a well-being conversation will be discussed and the difficulties with boundaries, responsibilities and signposting to other resources will also be explored.

Tuesday 21st November 12.30-2.30

Difficult Conversations

*Long Learning Lunch

This workshop explores experiences and different approaches to having difficult conversations in the workplace with an aim to reframe how we approach the word 'difficult' in a difficult conversation.

Wednesday 29th November 1.00-2.00

Exploring motivation - opportunities and challenges

This workshop will consider motivation as a neurological process of reward, in which the brain has to value outcomes and believe this offsets the costs. The value and cost analysis is based on personality and experience so these ideas will be grounded in individual experiences and differences.

To register to receive the workshop link please register [here](#).