



England

Thames Valley NHSEWTE ST1 Induction

Dr Manjiri Bodhe



Welcome

- A warm welcome to all of you
- The start of a new Training programme can be very daunting , especially in the context of the last 3 years and the pandemic.
- **You get out what you put in is my motto** and that's certainly true for General Practice
- However don't let anyone tell you it isn't hard work!



Welcome

- It has been quite a few years now since the initial lockdown
- A lot of changes have occurred in general practice including the move towards aiming for 24 months in GP placements for trainees, telephone triage becoming more mainstay for most practices and the rise of AHPs in practices.



Who are we?

- Lots of people
- ES/CS
- TPD(training programme directors)/AD (associate dean)team
- HoS Head of school myself and Primary care Dean Rachel Elliott
- Admin- Education programme manager Miguel Escudero Castro,Mairi Hills business manager, GP admin team Carolyn Pulitipicchi, study leave team(Andrea Lorincz) and ARCP team.

What to expect

- 3 Years Full time
- Our website:
- <https://thamesvalley.hee.nhs.uk/gp-training/>
- Has lots of information on Study leave/ARCP/OOP/LTFT
- During the three years expected to pass tripartite assessments- WPBA/SCA/AKT.
- This is time consuming and requires energy and dedication.

What does Thames Valley NHSEWTE offer

- So we offer high quality educators, we also offer a lot of courses that we offer :
- AKT study skills/monthly AKT drops in
- SCA course due to start hopefully September 24
- Consultation courses for those that might require extra help which run for length of time weekly, referral by TPD
- PSWS support especially for communication /language skills/coaching and mentoring

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- We also now have a dedicated team of Educators who will be running courses aimed specifically at reducing differential attainment, this will include bespoke courses for those who have their original primary medical qualification from overseas, a global health day, and a cultural induction day, details of which our AD Shareen Hallas will be discussing later.
- We also run courses for our trainers to support trainees for AKT and RCA

LTFT

- LTFT is administered via the PGMDE Team initially then sent to GP School
- We have 2 windows, one in April and One in October for a month each.
- This means if you are going from 100%To LTFT you need to apply during this
- Window .
- Not everyone who applies will Be granted LTFT.
- It depends on placements availability, Number of extensions etc
- Those in criteria ½ as per Guidance we aim to approve.



Study leave

New study leave guidance as of August 24

[Study-leave-Policy-2024.pdf \(hee.nhs.uk\)](#)

Please see on website, we have green , amber and red courses. Has to be done prospectively for GP placement, Study leave in hospital managed by hospitals.



Any issues

- Not everyone will complete their training programme in 3 years, many will work part time and many will find the path doesn't run smooth.
- I would strongly recommend if you feel things aren't going as planned involved your CS/ES and TPD team EARLY and seek help.
- This isn't a sign of failure but rather a sign of an adult learner recognising they need support in certain areas.

Any issues cont.

- We have a plethora of services available for help including PSWS, your TPD/AD team , our specialist IMG and DA educator team and finally myself as Head of School.
- In addition as mentioned we have several courses to help your training and learning.
- There is also external help such as Practitioner programme , BMA, RCGP available.



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- Due to the changes in GP training , 24 months now, pandemic burnout and therefore lack of GP supervisors, we are finding placements harder and harder to find.
- This means if you have any issues with placements it may mean a break in training to find a placement.
- We cannot do intra deanery transfer between patches, or this is very unlikely
- This is a national problem and sadly cannot be solved immediately but we will do our utmost to find placements. If there is breakdown in ES/trainee relationship we will try our best to help you manage this and continue in placements – unless the breakdown is severe. Managing conflict is something GP need to learn to do but we are aware some relationship cannot be mended. Please bear with our TPD teams if they cannot find placements .

Finally..

- We are here to help you become great GP's.
- We have lots of resources and educators to help
- Get help early
- Ensure you dedicate time and energy to your training programme
- Ask for help
- <https://www.practitionerhealth.nhs.uk/about-practitioner-health>
- <https://www.tvpsw.com/psws>
- <https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/counselling-and-peer-support-services>
- <https://thamesvalley.hee.nhs.uk/gp-training/>

Thank You



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