

Cardiovascular disease - case finding in dental practices



Please refer to the Standard operating procedure and shared documents

These include:

- A patient information leaflet
- A poster for the waiting room
- Template proformas for emails to pharmacists and GPs
- Wording to facilitate conversations and consent
- Further information regarding the scheme

Dental clinic outcomes pathways



For all patients:

- Update the dental record, give the patient a completed “My Blood Pressure Results” slip
- Provide brief interventions on smoking cessation/lifestyle choices if relevant
- Update the recording template for evaluation

Blood pressure (BP) reading – between 90/60mmHG - 139/89mmHG

- No action required in relation to BP
- Advised to have BP checked again within 5 years

BP reading - 90/60mmHg or below

- Patients regularly feeling faint, experiencing dizziness, nausea or fatigue advised to see GP in 3 weeks
- If no symptoms the patient advised to have BP checked within 5 years

Dental clinic outcomes pathways



BP reading – higher than 140/90mmHG

- Clinic reading is repeated. If second measurement is substantially different from the first, repeat the blood pressure reading again (maximum three times in total).
- Record the lower of the last 2 measurements as clinic blood pressure.

BP reading is between 140/90mmHg and 179/119mmHg

- Patient consents to Pharmacy Referral – Identify community pharmacy and email a referral into the Hypertension Case Finding Blood Pressure Check Service.
- If patient refuses, still inform GP and patient refusal.

BP reading – very high 180/90mmHG

- Request same day urgent referral to GP and call if within GP hours. If closed advise patient to call 111.
- If the patient also has severe headache, new blurred vision, chest pain or new onset shortness of breath then should refer urgently to A+E

Patient - inclusion criteria met and consents to take part

Over 40 years of age with no current diagnosis of hypertension

Flowchart

