

Confidence Rating Scale Dental Therapists

This is for your personal use to help you identify areas for development

How confident are you in the following?	Not very confident	2	3	4	5 Very confident
Obtaining, interpreting and recording accurate history that incorporates dental and medical history					
Performing a comprehensive oral health assessment of the patient within your scope of practice					
Identifying the symptoms, principal complaint and any relevant history					
Performing a comprehensive Extra Oral Exam and record the findings accurately					
Performing a comprehensive Intra Oral Exam and record the findings accurately					
Assessing Skeletal, Dental and Occlusal relationships in the primary, mixed and permanent dentition					
Identifying which Skeletal, Dental Occlusal relationships and conditions require treatment and hence referral back to the dentist					
Assessing hard and soft tissue developmental abnormalities and diagnosing conditions which require referral back to dentist or onward referral.					
Assessing the patients' standard of oral hygiene accurately					
Distinguishing between mucosal, gingival and periodontal health and disease, and identifying conditions which may require investigation, treatment or onward referral					
Identifying the location, extent and activity of tooth surface loss and caries					
Distinguishing between pulpal health and disease and identifying conditions which require treatment within scope of practice or referral back to dentist					
Prescribing and taking appropriate radiographic imaging examination that meets the diagnostic needs of the patient in line with current national guidance					
Performing an accurate radiographic examination and expose, process, assess, report and store the radiograph correctly in line with current national guidance					



How confident are you in the following?	Not very confident	2	3	4	5 Very confident	
Performing an accurate radiographic examination and expose, process, assess, report and store the radiograph correctly in line with current national guidance.						
Generating a differential diagnosis & treatment plan based on evidence and interpretation of clinical findings						
Assessing the influence of systemic diseases and other disabilities on oral health and delivery of treatment.						
Evaluating and managing patients' treatment expectations, identifying the degree to which they can be met and discuss the options.						
Keeping Clinical records in line with current guidance.						
Performing an accurate assessment of the patient to enable the early diagnosis of potentially malignant oral diseases and taking into account the degree of urgency. (2-week referral on same day)						
Describing the signs and symptoms of periodontal diseases, and identifying conditions						
Discussing with the patient (or carer) in a manner they can understand, a comprehensive treatment plan where options are based on the individual needs of the patient individual circumstances						
Obtaining valid informed consent from the patient / parent / guardian (or undertaking a decision in Best Interests), before starting treatment, explaining all relevant options and costs ensuring the patients' consent remains valid at all stages of the treatment.						
Managing effectively and professionally situations where the patients' wishes and the recommendations of the Therapist differ, and properly document the conversation and outcome.						
Communicating with other professionals including GP and Dentist, when appropriate in order to obtain additional information and / or treatment for the patient.						
Monitoring therapeutic outcomes and ensuring that appropriate follow-up care is arranged.						