**NHS** Buckinghamshire, Oxfordshire and Berkshire West Integrated Care Board

# Standard operating procedure Cardiovascular disease - case finding in dental practices

A dental practice model to allow detection of people over the age of 40 with high blood pressure

Buckinghamshire, Oxfordshire and Berkshire West ICB

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# Introduction

- Cardiovascular disease (CVD) is the second most common cause of premature death in England affecting seven million people. The NHS Long Term Plan<sup>1</sup> aims to reduce CVD mortality and morbidity, tackle inequalities and deliver a genuine shift towards prevention. High blood pressure (BP) or hypertension is the single biggest risk factor for CVD (Global Burden of Disease Report, 2017) and there are an estimated 5.6 million people with undiagnosed hypertension across the country (Public Health England).
- 2. High BP is a major risk factor for the development of atrial fibrillation (AF) which increases the risk of a stroke by five times. High BP is also a significant contributor to health inequalities; residents of the most deprived areas in England are 30% more likely to have high BP compared to those in the least deprived areas. The risk factors for developing hypertension can be categorised as modifiable or non-modifiable. Modifiable risk factors include lack of physical activity, being overweight, high alcohol intake, high salt intake, high cholesterol, smoking and stress. Non-modifiable risk factors include family history, race and age.
- A future opportunity for NHS dental practitioners may be the emerging evidence of a possible association between periodontal disease (PD) and atherosclerotic vascular disease (ASVD). (Sanz 2020<sup>2</sup>), (Herrera 2023<sup>3</sup>) (Lockhart 2012<sup>4</sup>), (Deitrich 2017)<sup>5</sup>. Lockhart conducted a systemic review and concluded that the literature indicates an association between PD and ASVD independent of known confounders.
- 4. There was an average of 25.36 million unique presentations by the population at English NHS dental surgeries between 2015/16 and 2019/2020<sup>6</sup> for all ages and 12.06 million for the same period for people aged 40 years and older. This provides an opportunity for NHS dentists in England to case find people with risk factors for CVD on an opportunistic basis within patients visiting their surgeries in line with HEE advice to make every opportunity count<sup>7</sup>.

<sup>&</sup>lt;sup>1</sup> <u>https://www.england.nhs.uk/long-term-plan/</u>

<sup>&</sup>lt;sup>2</sup> DOI: <u>https://doi.org/10.5334/gh.400</u>

<sup>&</sup>lt;sup>3</sup> DOI: 10.1111/jcpe.13807

<sup>&</sup>lt;sup>4</sup> Lockhart et al 2012 <u>https://www.ahajournals.org/doi/full/10.1161/CIR.0b013e31825719f3</u> accessed 8 September 2020

<sup>&</sup>lt;sup>5</sup> Dietrich et al 2017 Dietrich, T., Webb, I., Stenhouse, L. et al. Evidence summary: the relationship between oral and cardiovascular disease. Br Dent J 222, 381–385 (2017).

https://doi.org/10.1038/sj.bdj.2017.224 accessed 30 June 2020

<sup>&</sup>lt;sup>6</sup> Output Folder: \\Bsapreafis01\dds\STATSGEN\Analysts\Working\NHS England\Office of the Chief Dental Officer\All CCGs (national data) accessed on 10 Sept 2020

<sup>&</sup>lt;sup>7</sup> https://www.hee.nhs.uk/our-work/making-every-contact-count accessed 20 Nov 2020

# **Section 1: Aims and objectives**

- 5. The aims and objectives of this service are to:
  - Implement an NHS dental practice model that can case find people over the age of 40, with high BP (who have previously not had a confirmed diagnosis of hypertension).
  - Promote healthy behaviours to patients with brief lifestyle interventions and signposting to self-management resources.
  - If the BP is found to be elevated the dental practice refer in line with the guidance provided within this SOP.

# Section 2: Service description and pathway

6. The service is free of charge to all users. The service process map / pathway is illustrated in Appendix 1.

# Inclusion criteria

 Adults who are 40 years old or over without a current diagnosis of hypertension and have not had a blood pressure check within the past 2 years

# **Exclusion criteria**

- Patients who are unable to give consent to participate, or
- Patients under the age of 40 years, or
- Patients with known hypertension, or
- Patients who have had their BP read by a healthcare provider in the last 3 months
- 7. The dental provider must ensure the service is accessible, appropriate, and sensitive to the needs of all patients.
- 8. No eligible patient shall be excluded or experience particular difficulty in accessing this service, with regards to protected characteristics or age (outside of the inclusion criteria).
- Any patient who is identified as suitable to be included under the criteria but where the smallest / largest cuff available does not fit and therefore an accurate BP cannot be obtained, should be directed to their GP.

# Identification of patients

- 10. In order for the service to be a success, the whole NHS dental practice team will need to proactively identify potential patients who meet the inclusion criteria.
- 11. This will include:
  - Reviewing patient appointment lists to identify patients over 40 without a current diagnosis of hypertension
  - Proactively and sensitively initiating discussions with eligible patients;
  - Displaying posters within the dental practice;
  - Providing a patient leaflet with details of service
- 12. Dental practices will be provided with posters for display within the dental practice, and with other materials to support user engagement.
- 13. The relevant dental team is informed of patients who meet eligibility criteria who review list and confirm patient eligibility.

# **Patient consultation**

14. The trained dental practice team member will explain the service to the patient and gain their consent.

# No consent

15. Patient records updated to note conversation and refusal of consent.

# Consent

# **Clinical interaction**

- 16. The trained dental practice team member will then conduct a face-to-face consultation in the dental practice consultation room or other suitable location.
- 17. If within surgery, the patient is moved to the non-dental chair. Where any dental treatment provided has been invasive patient given time to recover.
- 18. The staff member will take BP measurement using the recommended equipment and following best practice as described by operational training (see appendix 2).

# **BP Recording Key Steps**

- Palpate a radial pulse
- Seat the patient properly upright chair with supported back & not cross legged patient feet flat on the ground.
- If possible 30 mins without caffeine or cigarettes
- Don't chat or move around as patient's BP may be affected.
- Pop cuff over the arm snuggly and fasten with Velcro
- Run tube over the centre of the arm
- Check legs not crossed
- Press button
- Some monitors will take 3 readings 15 secs apart and give an average others will take a single reading – take three readings and record the average.

# Discussion

- 19. The dental practice team member will discuss the results with the patient and complete the appropriate next steps (see section 3 below).
- 20. A patient leaflet will be provided to the patient as part of the consultation and will include where they can document their BP test results. The information can be completed electronically by the team member and emailed to the patient if this is preferred.
- 21. Patient record updated.

# Section 3: Dental clinic outcomes pathways

22. All readings to be taken from the BP equipment and recorded in patient notes and recording template for evaluation.

This information should also be forwarded to the patient's GP via nhs.net for the patient's GP record.

# Blood Pressure (BP) measurement outcomes

- a) Normal clinic BP Between 90/60mmHg and 139/89mmHg recorded by monitoring equipment
  - No action required in relation to BP
  - Advised to have BP checked within 5 years
  - Brief interventions on smoking cessation/lifestyle choices if relevant.
  - Patient dental record updated and "My Blood Pressure Results" slip detailing their readings will be completed for the patient to take away.
  - Advise patient to inform GP practice
  - Update recording template for evaluation.
- b) High clinic BP 140/90mmHg or higher recorded by monitoring equipment
  - Clinic reading is repeated. If second measurement is substantially different from the first, repeat the blood pressure reading again (maximum three times in total).
  - Record the lower of the last 2 measurements as clinic blood pressure.
  - Clinic blood pressure is between 140/90mmHg and 179/119mmHg
  - Patient consents to Pharmacy Referral Into the Hypertension Case Finding Blood Pressure Check Service.
  - Identify patients chosen/closest community pharmacy that provides the service using Find a pharmacy that offers free blood pressure checks NHS (www.nhs.uk).
  - Email a referral to the Community Pharmacy
  - Hypertension detection will be undertaken by local pharmacy including potential completion of Ambulatory Blood Pressure Monitoring (ABPM) if appropriate.
  - Inform GP
  - If patient refuses, still inform GP via nhs.net of reading and patient refusal.
  - Patient dental record updated and "My Blood Pressure Results" slip detailing their readings will be completed for the patient to take away.
  - Update recording template for evaluation
  - Make one follow up contact with the patient to confirm that they have made the appropriate appointments and to find out the outcome.

- c) Very high clinic BP of 180/120mmHg or higher recorded by monitoring equipment
  - Follow very high BP pathway as advised by local system. (See appendix 1)
  - Inform GP
  - If patient refuses, still inform GP via nhs.net of reading and patient refusal.
  - Patient dental record updated and "My Blood Pressure Results" slip detailing their readings will be completed for the patient to take away. Advise the patient to contact the practice straight away as they need to be seen within 2 – 3 days.
  - Update recording template for evaluation
  - Make one follow up contact with the patient to confirm that they have made the appropriate appointments and to find out the outcome.
- d) Low clinic BP of 90/60mmHg or lower recorded by monitoring equipment
  - Patients with dizziness, nausea or fatigue refer to Pharmacy taking part in the scheme
  - Asymptomatic patients advised to have BP checked within 5 years
  - Brief interventions on smoking cessation/lifestyle choices if relevant.
  - Patient dental record updated and "My Blood Pressure Results" slip detailing their readings will be completed for the patient to take away.
  - Inform GP
  - Update recording template for evaluation
  - Make one follow up contact with the patient to confirm that they have made the appropriate appointments and to find out the outcome, if appropriate.

# Standard dental intervention for smoking cessation

23. Brief intervention to support smoking cessation behaviour change if appropriate, in line with standard dental service.

# Patients follow up

24. Where the patient has been detected as having a high BP reading and referred to community pharmacy for further testing or a very high BP and sought urgent care, the dental practice will contact the patient within 2 weeks of the results being calculated at the practice. The contact is to determine whether the patient has completed the community pharmacy appointment/urgent intervention, made the appropriate appointment with GP/healthcare professional or if they have received a diagnosis to populate the data collection process. This will aid the evaluation of the pilot.

# Section 4: Practice set up and equipment

# Practice set up

25. When a practice has been identified as participating in this service the practice will prepare by completing the following:

- Store template documents (electronically and hard copy) for use with patients and referrals to GP practices
- Place posters in the waiting areas
- Patient leaflets available
- Ensure clinic and home BP monitoring equipment is accessed

Please note that the priority for the practice remains the oral health of their patients so the Hypertension case finding pilot should not impact the practice's capacity to deliver dental services.

# Staff training

26. When a practice has been identified as participating in this service the practice will identify the relevant staff members who will be participating in the service. These members of the dental team will undertake training in:

- Use of clinic BP machine and how to take BP
- How to calculate which size cuff is required
- Use of home monitoring BP machine and how to provide instructions to patients
- How to gain valid consent within scope of practice and deliver results to patients
- Knowledge of brief interventions available for smoking cessation

27. Relevant training materials provided in Appendix 2

# Equipment

28. Clinic BP monitors (appropriate number required) – BIHS validated monitors are listed here <u>For Specialist Use - British and Irish Hypertension Society</u> | <u>Registered UK Charity No. 287635 (bihsoc.org)</u>

This website contains a spreadsheet with information about approved BP monitors. The monitors detailed in the 'Home' tab will be appropriate for this service and must include an upper arm cuff (not wrist cuff).

29. The practice is to follow manufacturer's instructions in relation to calibration and upkeep.

# **Section 5: Evaluation**

- 30. To enable evaluation of the effectiveness of this service and to support service improvement, practices should record outputs of this service.
- 31. This should include:
  - a) Number of interventions delivered, and
  - b) The number of resulting hypertension diagnoses.
- 32. To enable an evaluation of the service provided the participating dental practice will provide an anonymised data set to the national on the provided format (see template below)
- 33. Data collection records should be kept safe and only on surgery hard drives. The "clinical Site" spreadsheet remains at the practice and is deleted at the end of the programme. Only the "uploaded" spreadsheet is shared. <u>This contains no patient</u> <u>identifiable information.</u> The data collection templates are attached:
- 34. Template for clinical site

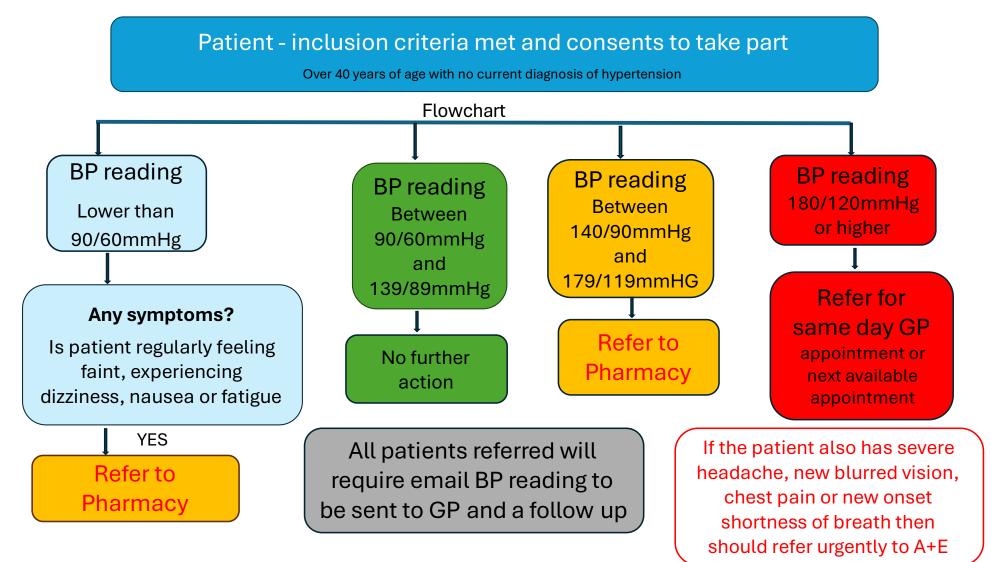


35. Template to be submitted to the ICB on a monthly basis (no patient identifiable information)



The ICB information should be submitted along with an invoice requesting payment. Details of the process are contained in Appendix 14.

# Appendix 1: Clinical Pathway



# Appendix 2: Training materials, equipment and resources

# How to check your BP using a BP machine -

Manage your blood pressure at home - BHF

https://bihsoc.org/wpcontent/uploads/2017/09/Home\_blood\_pressure\_monitoring\_explained.pdf

Step by step guide for patients on how to take BP:

Home\_blood\_pressure\_monitoring\_explained.pdf (bihsoc.org)

### Brief intervention training and materials

Hypertension in adults: diagnosis and management. NICE clinical guidance NG136, August 2019.

### **Smoking cessation**

<u>NICE guideline on tobacco: preventing uptake, promoting quitting and treating</u> <u>dependence (NG209)</u> https://www.nhs.uk/conditions/stop-smoking-treatments/

### Information on hypertension in adults

https://www.nice.org.uk/guidance/ng136 https://www.nhs.uk/conditions/high-blood-pressure-hypertension/ https://www.nice.org.uk/guidance/CVD prevention https://www.nhs.uk/conditions/obesity/

# Equipment

Monitors are validated by the British and Irish Hypertension Society and the validated ones are listed here <u>https://bihsoc.org/bp-monitors/</u>

- 1. In clinic BP monitoring machine and appropriate size cuff
  - a. Omron X7 or equivalent
- 2. At home BP monitoring machine
  - a. Omron M2 or equivalent

# **Cleaning and disinfection of BP Monitor**



WatchBP device and Cuff cleaning and Disi

# Appendix 3: Suggested wording to inform patient prior to appointment

Your dental team are taking part in a pilot in offering an opportunity for some patients to have their blood pressure measured at their dental appointment.

It will not cost you anything.

At your dental appointment, you may be offered the opportunity to have your Blood Pressure taken. If appropriate, your doctor will be informed so that they can undertake any tests required to diagnose high blood pressure and treat it if necessary.

Why measure Blood Pressure? Blood Pressure is the pressure of blood in the arteries. If it is too high over a period of time and is not treated, you will be more at risk of having a stroke or heart attack. High blood pressure often has no symptoms which is why many people do not know they have it. Your doctor can help you reduce high blood pressure.

You do not have to take this opportunity if you do not want to, and it will not make a difference to your dental treatment if you decide not to. If you have already been diagnosed with high blood pressure or Atrial Fibrillation you will not be offered the opportunity. A member of your dental team will be able to answer some of the questions you may have regarding this opportunity.

A surgery poster will also provide information about the service; attached:

#### Surgery poster



The poster includes a QR code which enables patients to provide feedback about their experience of the service. This information will be returned to the ICB to support evaluation of the pilot.

# **Appendix 4: Consent Narrative**

We are taking part in a pilot programme to help detect high blood pressure in patients over the age of 40 within a dental practice setting. You do not have to take this opportunity if you do not want to and will not make a difference to your dental treatment if you decide not to. If you have already been diagnosed with high blood pressure or Atrial Fibrillation you will not be offered the opportunity.

If you do take the offer up it will not cost you anything. We will not be able to diagnose High Blood Pressure, only get an indication that a referral to your pharmacy will be required for further tests. We will carry out the referral for you. During your case finding session you will have the opportunity to have your blood pressure taken. Your doctor will be informed. Why measure Blood Pressure? Blood Pressure is the pressure of blood in the arteries. If it is too high over a period of time and is not treated, you will be more at risk of having a stroke or heart attack. High blood pressure often has no symptoms which is why many people do not know they have it. Your doctor can help you reduce high blood pressure

# **Appendix 5: Communication examples - Answering patient queries**

Q: If I need my blood pressure taking, why don't I just go and see my GP?

A: We are offering you the opportunity to have your blood pressure readings taken here. The service is free and if we need to, we can contact your GP. Your GP will know about this programme.

Q: You say I need 7-day readings - does this mean I have heart problems?

A: No, this is your reading from today and because this is over the programme threshold we need to follow the programme guidance and ask you to follow up with a community pharmacist to take readings over a 7-day period.

Q: Why are you sending me to the GP or A&E?

A: The blood pressure reading we have taken today is above the threshold and we need to follow the programme guidance. This doesn't mean you have heart problems, but it does mean that we need to get this checked out for you quickly.

#### **Patient leaflet**



# **Translated BP Information**

https://www.bloodpressureuk.org/resources/publications/translated-blood-pressureinformation/

# Appendix 6: Suggested wording to be added to Dental Clinical Records

# **Consent & Reading**

Consent given for CVD case finding BP reading taken ? /? Informed that reading is only a single measurement at this point and does not indicate any diagnosis.

Advised reading taken does not meet referral threshold agreed with the ICB and requires no follow up.

# OR

Advised pharmacy referral required as initial reading meets the threshold agreed with the ICB.

Informed that reading is only a single measurement at this point and does not indicate any diagnosis.

Given leaflet and referred to community pharmacy for follow up.

# OR

The patients reading meets the threshold agreed with the ICB for referral as per ICB Urgent pathway. *Informed that reading is only a single measurement at this point and does not indicate any diagnosis and includes, where appropriate, name of GP referral, date and time of GP referral via NHS .net.* 

# **Diagnosis Record**

Diagnosis of hypertension confirmed by GMP/Patient.

# OR

No CVD diagnosis confirmed by GMP /Patient

# Appendix 7: Suggested wording for patient "My Blood Pressure Results" slip

Thank you for having your Blood Pressure today.

Your reading is ....../ .....mmHG

# Outcome

 $\Box$  No Further Action – you should have another reading taken within 5 years. It would be useful to share the result with your doctor or other healthcare professional when you attend your practice for a future appointment.

□ Referral Made to Community Pharmacy

 $\Box$  Advised Needs Urgent GP appointment or to contact 111. You should contact your practice straight away as you will need to be seen within 2 – 3 days.

# Appendix 8: Standardised E-mail to Community Pharmacy to make referral.

Date:

Patient Name:

Patient Contact Information:

Confirm patient offered pilot CVD case finding readings: Y/N

Patient consented Y

BP today taken with (equipment type)

Blood Pressure Reading -

Patient advised not diagnosing but case finding for onward referral for further assessment. Patient has consented to have a blood pressure check within their chosen community pharmacy.

Please initiate referral as part of the Hypertension Case-Finding Service Will follow up with patient call in 2 weeks to check referral and if diagnosis.

# Appendix 9: Standardised E-mail to GP

XXXXX dental practice is taking part in a national CVD case finding pilot. Your patient consented to participate in the programme and following ICB guidelines we are writing to inform you.

Date:

Patient Name:

DOB:

Patient Contact Information:

Confirm patient offered pilot CVD case finding readings: Y/ N

Patient consented Y

BP today taken with (equipment type)

Blood Pressure Reading -

# Outcomes

□ High clinic BP – Referral Made to Community Pharmacy - No Action

□ Very High Clinic BP – Patient advised Urgent GP appointment or 111.

□ Low Clinic BP – Patient advised to see GP if symptomatic – No Action

□ High/Very High Clinic BP – Patient refused onward referral or urgent care

# Appendix 10: Dental, GP practices and Pharmacies in HP12 (High Wycombe), HP19 (Aylesbury) OX3, OX4 (Oxford) OX16 (Banbury) and RG4 and RG31 (Reading)

	Dental Practice	GP practice	Pharmacy
HP12 (High	<mark>Sands House</mark>	Tower House Surgery	Cressex Pharmacy
Wycombe)	(Rodericks)		
PCNs:	Cressex Dental	Cressex Health Centre	Asda Pharmacy
POINS.	Practice		
Cygnet			
,,,			
Dashwood			
HP19 (Aylesbury)	Oasis Dental Care	Whitehill Surgery	Lansdales Pharmacy
PCNs:	Eastgate Dental	Fairford Leys Surgery	Tesco Instore Pharmacy
	Centre (Rodericks)		
Central Aylesbury			Buckingham Pharmacy
	Aylesbury Dental		
	Health Centre		
	Watermead Dental		
	Centre (Laura		
	Davison)		
OX3 (Oxford)	Eurodental	Hedena Health	Headington Pharmacy (Bury
PCNs:	Bury Knowle Health	Manor Surgery	Knowle)
	Centre (Damira)	Marior Ourgory	The Roundway Pharmacy
OX3+		Hedena Health Ltd at	Boots
	Studental (Damira)	Barton Surgery	20010
East Oxford	Manore Dental Care	Oxford Brookes	Rowlands Pharmacy
		Medical Centre	
	Kennet Road Dental		Barton Pharmacy
	Practice (Mr D Duggan)	Hedena Health Ltd at	The Leys Pharmacy Wood
		Wood Farm Health	Farm
	John Miller Dental	Centre	
	Practice	Hedena Health Ltd at	Well
	310 Dental Care	Marston Pharmacy	
OX4 (Oxford)	The Leys Dental	The Leys Health	The Leys Pharmacy
	Practice (Rodericks)	Centre	
PCNs:		Temple Cowley Health	Cowley Pharmacy Manzil Way
East Oxford	Westbridge Dental	Centre	
East Oxford	Practice	Hollow Way Medical	Cowley Pharmacy
	Temple Street Dental	Centre	Superdrug Pharmacy
	Practice		Abmoval etc Night Dharmoov
	On the Deviat	Donnington Medical Partnership	Ahmeys Late Night Pharmacy
	Cowley Dental Practice		The Leys Pharmacy Rosehill
	Tablico	Cowley Road Medical	
	Iffley Dental Practice	Practice Bartlemas Surgery	Allied Pharmacy Cowley
		Daniemas Surgery	Allied Pharmacy Henley
		St Bartholomews ands	Avenue
		Hollow Way Medical	Boots *2
		Centre	
		St Clement's Surgery	The Leys Pharmacy
OX16 (Banbury)	Banbury Dental	Hightown Surgery	Blackbird Leys Peak Pharmacy *2
	Practice (Rodericks)		i car i hannacy z

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PCNs:	The Cornhill Dental	Horsefair Surgery	Boots *2
Banbury Alliance	Centre	Banbury Cross Health Centre	Superdrug Pharmacy
Banbury Cross	IDH Ltd Halldent Ltd Whitecross Dentalcare Ltd The Bridge Street Dental Practice (Damira) Bloxham Dental @ Banbury (Bloxdent) Banbury Dental Surgery Cherwell Heights Dental Care	Windrush Surgery Bradley Arcade Branch Surgery Banbury Cross Health Centre @ Hardwick Woodlands Surgery	Knights Banbury Pharmacy Well
RG4 (Reading) PCNs: Caversham	Riverside Dental Practice The Village Dental Practice	Balmore Park Surgery Emmer Green Surgery	Caversham Pharmacy Markand Pharmacy
Caversham	Prospect Street Dental Practice		
RG31 (Reading) Reading West	Gentle Dental 4U Hilden House Dental Practice Triangle Dental	Tilehurst Village and Chancellor House Surgery Westwood Road Surgery Tilehurst Village Surgery	Tilehurst Pharmacy Triangle Pharmacy

Practice taking part in the Dental Hypertension case finding pilot.

# Appendix 11: Contact details for GP practices and Pharmacies

# **Pharmacies**

# Buckinghamshire

Trading Name	Address 1	Address 3	Post Code	Shared NHSmail email address
Meadowcroft Pharmacy	306 Meadowcroft	Aylesbury	HP19 9HZ	pharmacy.fa092@nhs.net
Boots the Chemists	7-12 Station Road	Beaconsfield	HP9 1NL	pharmacy.fa698@nhs.net
Your Local Boots Pharmacy	3 Aries House	Flackwell Heath	HP10 9NB	pharmacy.fc067@nhs.net
Sparks Pharmacy	Commerce House	Chalfont St Giles	HP8 4QH	Pharmacy.fc803@nhs.net
Windmill Pharmacy	19-21 High Street	lvinghoe	LU7 9EP	pharmacy.fca89@nhs.net
Tesco Pharmacy	London Road	High Wycombe	HP10 9RT	pharmacy.fce39@nhs.net
Novus Pharmacy	62-68 High Street	Princes Risborough	HP27 0AX	pharmacy.fcj19@nhs.net
Jhoots Pharmacy	Burnham Health Centre	Burnham	SL1 7DE	pharmacy.fcq94@nhs.net
Bourne End Pharmacy	1 The Parade	Bourne End	SL8 5SA	pharmacy.fdc78@nhs.net
Vicary Pharmacy	Haddenham Medical Ctr	Haddenham	HP17 8JX	Pharmacy.fg812@nhs.net
Rowlands Pharmacy	Unit 4	Princes Risborough	HP27 0AW	pharmacy.fdq92@nhs.net
Lansdales Pharmacy	17 Desborough Avenue	High Wycombe	HP11 2RS	pharmacy.fea35@nhs.net
Fmy Chemists	36 High Street	Chesham	HP5 1EP	pharmacy.fec29@nhs.net
Prestwood Pharmacy	145 High Street	Prestwood	HP16 9HF	pharmacy.fep11@nhs.net
Aroga Pharmacy	The Broadway	Farnham Common	SL2 3PQ	pharmacy.feq70@nhs.net
Burnham Health Pharmacy	30 High Street	Burnham	SL1 7JP	pharmacy.ff535@nhs.net
Lane End Pharmacy	1 High Street	Lane End	HP14 3JF	pharmacy.ff738@nhs.net
Hobbs Pharmacy	Rectory Meadow Surgery	Amersham	HP7 0HG	pharmacy.ff760@nhs.net
Boots the Chemists	69 Packhorse Road	Gerrards Cross	SL9 8PQ	pharmacy.ffe41@nhs.net
Your Local Boots Pharmacy	Unit H, Walton Court Ctr	Aylesbury	HP21 8TJ	pharmacy.ffj81@nhs.net
Chess Pharmacy	260-290 Berkhampstead Rd	Chesham	HP5 3EZ	pharmacy.ffn14@nhs.net
Your Local Boots Pharmacy	16 Station Parade	Denham	UB9 5ET	pharmacy.ffy99@nhs.net
Tesco Pharmacy	2 Hazells Corner	Aylesbury	HP20 1PQ	pharmacy.fg019@nhs.net
Health And Beauty	60 Packhorse Road	Gerrards Cross	SL9 8EF	pharmacy.fpq20@nhs.net
Kinton Pharmacy	44 High Street	Great Missenden	HP16 OAU	pharmacy.fg812@nhs.net
Lansdales Pharmacy	Whitehill Surgery	Aylesbury	HP19 8EN	pharmacy.fgc49@nhs.net
Little Chalfont Pharmacy	Nightingale Corner	Amersham	HP7 9PY	pharmacy.fgt95@nhs.net
Buckingham Pharmacy	1 Jubilee Square	Aylesbury	HP19 9DZ	pharmacy.fh032@nhs.net
Jardines Pharmacy	136 London Road	Aylesbury	HP22 5LB	pharmacy.fh707@nhs.net
Q2 Pharmacy	51 Hughenden Road	High Wycombe	HP13 5HS	pharmacy.fhk97@nhs.net
Jeeves Pharmacy	7 Thornbridge Road	lver	SLO OPU	pharmacy.fja41@nhs.net
Collins & Jervie	32 Sycamore Road	Amersham	HP6 5DR	pharmacy.fjq55@nhs.net
Asda Pharmacy	Asda Store	High Wycombe	HP12 4NU	pharmacy.fk011@nhs.net
Lansdales Pharmacy and Clinic	Penn Surgery	High Wycombe	HP10 8LQ	pharmacy.fk015@nhs.net
Pharmacyspace	Unit 5 Bessemer Crescent	Aylesbury	HP19 8TF	pharmacy.fk627@nhs.net
Hedgegrail Pharmacy	Unit 2, Giles House	Stoke Poges	SL2 4EW	pharmacy.fkk01@nhs.net
Priory Pharmacy	2 Priory Road	High Wycombe	HP13 6SE	pharmacy.fkm16@nhs.net
Rowlands Pharmacy	Meadow Way	Aylesbury	HP20 1XB	pharmacy.fkw21@nhs.net
Centra Pharmacy	20 Queens Square	High Wycombe	HP11 2DF	nhspharmacy.fl027@nhs.net
Jardines Pharmacy	25 Jansel Square	Aylesbury	HP21 7ET	bedgrove@jardinesuk.com
Hampden Pharmacy	119 Hampden Gardens	Aylesbury	HP21 8NP	pharmacy.fll90@nhs.net
Risborough Pharmacy	52 High Street	Princes Risborough	HP27 0AX	pharmacy.flt31@nhs.net

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				Integrated Care Board
Richard Adams Pharmacy	1 The Broadway	Gerrads Cross	SL9 9DX	pharmacy.flw47@nhs.net
Jardines Pharmacy	The Bullring	Buckingham	MK18 1JX	pharmacy.fm764@nhs.net
Pharmazon HomeCare	Unit 4, 40-40 Link	High Wycombe	HP12 4AX	pharmacy.fml25@nhs.net
Jardines Pharmacy	14b Market Square	Winslow	MK18 3AF	pharmacy.fmq08@nhs.net
Edlesborough Pharmacy	11 Cow Lane	Dunstable	LU6 2HT	pharmacy.fnf16@nhs.net
Boots the Chemists	4-5 Market Square	Marlow	SL7 3HH	pharmacy.fp349@nhs.net
Cressex Pharmacy	1 Cressex Parade	High Wycombe	HP12 4PG	pharmacy.fpa39@nhs.net
Consult Pharmacy	172 Tring Road	Aylesbury	HP20 1JR	pharmacy.fpl29@nhs.net
Pyramid Pharmacy	Beaconsfield Medical Centre	Beaconsfield	HP9 1TX	pharmacy.fpt02@nhs.net
Boots the Chemists	9 Park Parade	Hazlemere	HP15 7AA	pharmacy.fpv27@nhs.net
Pyramid Pharmacy	5 The Highway	Beaconsfield	HP9 1QD	pharmacy.fq215@nhs.net
Fairford Pharmacy	65 Kingsgate	Aylesbury	HP19 8WB	pharmacy.fq857@nhs.net
Marlow Bottom Pharmacy	2 Brucewood Parade	Marlow Bottom	SL7 3PE	pharmacy.fgj75@nhs.net
Boots the Chemists	18 Sycamore Road	Amersham	HP6 5DR	pharmacy.fql29@nhs.net
Boots the Chemists	11 Market Hill	Buckingham	MK18 1JX	pharmacy.fql47@nhs.net
Lansdales Pharmacy & Clinic	9 Turners Place	High Wycombe	HP15 6RN	pharmacy.fr041@nhs.net
Tesco Pharmacy	Within Tesco Store	Amersham	HP7 OHA	pharmacy.frc98@nhs.net
Morrisons Pharmacy	Morrisons Superstore	Aylesbury	HP20 2HX	pharmacy.fre07@nhs.net
Jardines Pharmacy	10-12 Meadow Walk	Buckingham	MK18 1RS	pharmacy.frh27@nhs.net
Jardines Pharmacy	1 Concorde Square	Aylesbury	HP18 1AS	berryfields@jardinesuk.com
Downley Pharmacy	9 Cross Court Shops	High Wycombe	HP13 5UW	pharmacy.frm97@nhs.net
Superdrug Pharmacy	19 Newland Street	High Wycombe	HP11 2BY	pharmacy.frp58@nhs.net
Saleys Pharmacy	42 Bathurst Walk	lver	SLO 9BH	pharmacy.frr22@nhs.net
Boots the Chemists	58 The Broadway	Chesham	HP5 1EG	pharmacy.ft470@nhs.net
Tesco Pharmacy	Tesco Store	Aylesbury	HP19 8BU	pharmacy.ftv70@nhs.net
Marlow Pharmacy	61 High Street	Marlow	SL7 1AB	pharmacy.ftx36@nhs.net
Wendover Pharmacy	28 High Street	Wendover	HP22 6EA	pharmacy.fv163@nhs.net
Rowlands Pharmacy	1a Totteridge Drive	High Wycombe	HP13 6JH	pharmacy.fv643@nhs.net
Rowlands Pharmacy	2 Market Parade	Hazlemere	HP15 7LQ	pharmacy.fv879@nhs.net
Glade Pharmacy	Victoria Road	Marlow	SL7 1DS	pharmacy.fvt83@nhs.net
Hughenden Valley Pharmacy	Hughenden Valley Surgery	High Wycombe	HP14 4LG	pharmacy.fvw12@nhs.net
Ryemead Pharmacy	Gateway House, Wycombe	High Wycombe	HP11 1FY	pharmacy.fw689@nhs.net
Pyramid Pharmacy	29 High Street	lver	SLO 9ND	pharmacy.fwa73@nhs.net
Jardines Pharmacy	18 High Street	Wing	LU7 ONR	pharmacy.fwd53@nhs.net
Tesco Pharmacy	London Road	Buckingham	MK18 1AB	pharmacy.fwh43@nhs.net
Boots the Chemists	27 Eden Walk	High Wycombe	HP11 2AW	pharmacy.fx910@nhs.net
Garlicks Chemist	31a Red Lion Street	Chesham	HP5 1ET	pharmacy.fxe29@nhs.net
Rowlands Pharmacy	The Pharmacy, Oxford Road	High Wycombe	HP14 3TA	pharmacy.fxj86@nhs.net
Wooburn Green Pharmacy	50-51 The Green	High Wycombe	HP10 OEU	pharmacy.fxk67@nhs.net
Chesham Pharmacy	252 Berkhampstead Road	Chesham	HP5 3ET	pharmacy.fxv74@nhs.net
Vantage Pharmacy	57 St Peters Court	Chalfont St Peter	SL9 9QQ	pharmacy.fy190@nhs.net
Aqsa Pharmacy	91 London Road	High Wycombe	HP11 1BU	pharmacy.fyc53@nhs.net
Boots the Chemists	4 Hale Leys	Aylesbury	HP20 1ST	pharmacy.fyr37@nhs.net



# Oxfordshire

Trading Name	Address 1	Address 3	Post Code	Shared NHSmail email address
Headington Pharmacy	Bury Knowle Health Centre	Headington	OX3 9JA	pharmacy.fa446@nhs.net
Well	Hardwick Shopping Centre	Banbury	OX16 1XE	pharmacy.fa663@nhs.net
Goring Pharmacy	High Street	Reading	RG8 9AT	pharmacy.faa59@nhs.net
Boots the Chemists	18 High Street	Chipping Norton	OX7 5AD	pharmacy.faj38@nhs.net
Wheatley Pharmacy	Morland close	Wheatley	OX33 1DP	pharmacy.fam81@nhs.net
Superdrug Pharmacy	Unit 5, Templars Square	Oxford	OX4 3UZ	pharmacy.fc320@nhs.net
Tesco Pharmacy	Tesco Superstore	Henley-On-Thames	RG9 4HA	pharmacy.fc447@nhs.net
Medipill Pharmacy	9 West Way Square	Oxford	OX2 9TJ	pharmacy.fc546@nhs.net
Boots the Chemists	6-8 Cornmarket Street	Oxford	OX1 3HL	pharmacy.fc991@nhs.net
Westlake Pharmacy	75 Spencer Avenue	Yarnton	OX5 1NQ	pharmacy.fcn13@nhs.net
Avicenna Pharmacy	172 Kennington Road	Oxford	OX1 5PG	pharmacy.fcp04@nhs.net
Wellbeing Pharmacy	7 Peachcroft Shopping Ctr	Abingdon	OX14 2QA	pharmacy.fct72@nhs.net
The Leys Pharmacy Blackbird	100 Blackbird Leys Road	Oxford	OX4 6HS	pharmacy.fd447@nhs.net
Leys				
Your Local Boots Pharmacy	3 Edington Square	Witney	OX28 5YP	pharmacy.fd645@nhs.net
Ahmeys Late Night Pharmacy	150 Oxford Road	Oxford	OX4 2EA	pharmacy.fdk52@nhs.net
Topside Pharmacy	6a High Street	Chipping Norton	OX7 5AD	pharmacy.fdm72@nhs.net
Oxford Online Pharmacy	Unit 1b, Apollo Bus Park	Banbury	OX15 6AY	pharmacy.fed82@nhs.net
Chinnor Pharmacy	28 Church Road	Chinnor	OX39 4PG	pharmacy.fdw00@nhs.net
Allied Pharmacy Witney	Nuffield Health Centre,	Witney	OX28 6JQ	pharmacy.fdw43@nhs.net
Rowlands Pharmacy	57 Osler Road	Oxford	OX3 9BH	pharmacy.fe305@nhs.net
Oxford E-Pharmacy	Interzone House	Oxford	OX4 1RE	pharmacy.fe728@nhs.net
Bampton Health Care Ltd	Landells	Bampton	OX18 2LJ	pharmacy.fem12@nhs.net
Parade Pharmacy	18 The Parade	Kidlington	OX5 1DB	pharmacy.fen29@nhs.net
Day Lewis Pharmacy	108 Greenwood Way	Didcot	OX11 6GD	pharmacy.fev56@nhs.net
Jhoots Pharmacy	19 Bury Street	Abingdon	OX14 3QT	sarbjitjhooty@jhootspharmacy.com
Carterton Chemist	7 Burford Road	Carterton	OX18 3AG	pharmacy.ff226@nhs.net
Allied Pharmacy Eynsham	64 Acre End Street	Eynsham	OX29 4PD	pharmacy.fff17@nhs.net
Woodstock Pharmacy	24 High Street	Oxford	OX20 1TF	pharmacy.ffr25@nhs.net
Jardines Pharmacy	Unit 5, Barbery Place	Bicester	OX26 3HA	pharmacy.ffx28@nhs.net
Day Lewis Pharmacy	19b Wood Lane	Reading	RG4 9SJ	pharmacy.fg705@nhs.net
Jericho Pharmacy	116 Walton Street	Oxford	OX2 6AJ	pharmacy.fgc56@nhs.net
Didcot Pharmacy	Woodlands Medical Centre	Didcot	OX11 OBB	pharmacy.fge90@nhs.net
Boots the Chemists	12-14 Castle Quay	Banbury	OX16 5UH	pharmacy.fgh33@nhs.net
Benson Pharmacy	23 High Street	Benson	OX10 6RP	manvir@clicksolutions.co.uk
Witney Pharmacy	Windrush Health Centre	Witney	OX28 6JS	pharmacy.fh338@nhs.net
The Roundway Pharmacy	3 The Roundway, Green Road	Oxford	OX3 8DH	pharmacy.fha28@nhs.net
Boots the Chemists	5/7 Bell Street	Henley-On-Thames	RG9 2BA	pharmacy.fhd46@nhs.net
Allied Pharmacy Mably Way	The New Health Centre	Wantage	OX12 9BN	pharmacy.fhg08@nhs.net
Robert Reavley Dispensing Chemist	124 High Street	Burford	OX18 4QR	pharmacy.fhh24@nhs.net
Boots the Chemists	50/51 Market Place	Wantage	OX12 8AW	pharmacy.fhj84@nhs.net
Berinsfield Pharmacy	Berinsfield Health Centre	Wallingford	OX10 7NE	pharmacy.fj705@nhs.net
Woodstock Road Chemist	59 Woodstock Road	Oxford	OX2 6HJ	pharmacy.fjg64@nhs.net
Cleggs Pharmacy	Unit 3, Kings Walk	Wantage	OX12 9AJ	pharmacy.fjj58@nhs.net
Tesco Pharmacy	Tesco Superstore	Abingdon	OX14 1TU	pharmacy.fjk67@nhs.net
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# Buckinghamshire, Oxfordshire and Berkshire West Integrated Care Board

Oxford Retail Park 17 Ivy Close 7 Lostock Place 1 Henley Avenue	Oxford Didcot Oxford	OX4 2NB OX11 7XT OX4 4DH	pharmacy.frt93@nhs.net pharmacy.frv15@nhs.net pharmacy.frv71@nhs.net
17 Ivy Close	Oxford		
		OX4 2NB	pharmacy.frt93@nhs.net
Oxford Retail Park			
	Oxford	OX4 6XJ	pharmacy.frp26@nhs.net
Wallingford Road	Didcot	OX11 9BZ	pharmacy.fr047@nhs.net
151 Cowley Road	Oxford	OX4 1UT	pharmacy.fqy48@nhs.net
6 Underhill Circus	Oxford	OX3 9LU	pharmacy.fqr95@nhs.net
19 Market Street	Charlbury	OX7 3PL	pharmacy.fql14@nhs.net
34-35 Castle Quay	Banbury	OX16 5UN	pharmacy.fq985@nhs.net
13 Atkyns Road	Oxford	OX3 8RA	pharmacy.fq446@nhs.net
39 Sheep Street	Bicester	OX26 6JJ	pharmacy.fq245@nhs.net
1 The Pound	Cholsey	OX10 9NS	pharmacy.fph57@nhs.net
	0	-	pharmacy.fp237@nhs.net
Camp Road			
Unit 3, The Old Station House,		OX25 5B7	pharmacy.fnc18@nhs.net
61 Stert Street	Abingdon	OX14 3JF	sherwood_ben@hotmail.com
2 Nightingale Place	Bicester	OX26 6XX	pharmacy.fmy73@nhs.net
4-5 High Street	Thame	OX9 2BU	pharmacy.fmr16@nhs.net
134 Buckingham Crescent	Bicester	OX26 4HB	pharmacy.fml73@nhs.net
6a Courtland Road	Oxford	OX4 4JA	pharmacy.fmk92@nhs.net
Long Furlong Medical Ctr	Abingdon	OX14 1XR	pharmacy.flk05@nhs.net
		OX1 4 5JT	pharmacy.flj04@nhs.net
5			pharmacy.flc28@nhs.net
Kidlington Health Centre	•	OX5 1AP	pharmacy.fl828@nhs.net
Wychwood Surgery	Shipton Under	OX7 6BW	pharmacy.fl824@nhs.net
7 Besselsleigh Road	Abingdon	OX13 6DN	nhspharmacy.fl294@nhs.net
Market Place	Watlington	OX49 5PU	pharmacy.fkt01@nhs.net
11-12 Millbrook Square	Wantage	OX12 7JZ	pharmacy.fkj75@nhs.net
South Bar House	Banbury	OX16 9AD	pharmacy.fkg56@nhs.net
High Street	Bloxham	OX15 4LU	pharmacy.fkc41@nhs.net
	South Bar House 11-12 Millbrook Square Market Place 7 Besselsleigh Road Wychwood Surgery Kidlington Health Centre Chipping Norton Hth Ctr 7 Reynolds Way Long Furlong Medical Ctr 6a Courtland Road 134 Buckingham Crescent 4-5 High Street 2 Nightingale Place 61 Stert Street Unit 3, The Old Station House, Camp Road 27 Bury Street 1 The Pound 39 Sheep Street 13 Atkyns Road 34-35 Castle Quay 19 Market Street 6 Underhill Circus 151 Cowley Road Wallingford Road	High StreetBloxhamSouth Bar HouseBanbury11-12 Millbrook SquareWantageMarket PlaceWatlington7 Besselsleigh RoadAbingdonWychwood SurgeryShipton Under WychwoodKidlington Health CentreKidlingtonChipping Norton Hth CtrChipping Norton7 Reynolds WayAbingdonLong Furlong Medical CtrAbingdon6a Courtland RoadOxford134 Buckingham CrescentBicester4-5 High StreetThame2 Nightingale PlaceBicester61 Stert StreetAbingdonUnit 3, The Old Station House, Camp RoadBicester27 Bury StreetAbingdon1 The PoundCholsey39 Sheep StreetBicester13 Atkyns RoadOxford34-35 Castle QuayBanbury19 Market StreetCharlbury6 Underhill CircusOxford151 Cowley RoadOxford	High StreetBloxhamOX15 4LUSouth Bar HouseBanburyOX16 9AD11-12 Millbrook SquareWantageOX12 7JZMarket PlaceWatlingtonOX49 5PU7 Besselsleigh RoadAbingdonOX13 6DNWychwood SurgeryShipton Under WychwoodOX7 6BWKidlington Health CentreKidlingtonOX5 1APChipping Norton Hth CtrChipping NortonOX7 5FA7 Reynolds WayAbingdonOX14 1XR6a Courtland RoadOxfordOX44 4JA134 Buckingham CrescentBicesterOX26 4HB4-5 High StreetThameOX26 6XX61 Stert StreetAbingdonOX14 3JFUnit 3, The Old Station House, Camp RoadBicesterOX26 5BZ27 Bury StreetAbingdonOX14 3QT1 The PoundCholseyOX10 9NS39 Sheep StreetBicesterOX26 6JJ13 Atkyns RoadOxfordOX3 8RA34-35 Castle QuayBanburyOX16 5UN19 Market StreetCharlburyOX7 3PL6 Underhill CircusOxfordOX4 1UTWallingford RoadDidcotOX11 19BZ

#### NHS Buckinghamshire, Oxfordshire and Berkshire West oard

Integrated	Care Bo

Chalgrove Pharmacy	60 High Street	Chalgrove	OX44 7SS	pharmacy.fww21@nhs.net
Boots the Chemists	2-8 The High Street	Witney	OX28 6HA	pharmacy.fx069@nhs.net
Woodlands Pharmacy	82 Botley Road	Oxford	OX2 OBU	pharmacy.fx104@nhs.net
MediPill Pharmacy	227 Banbury Road	Oxford	OX2 7HQ	pharmacy.fxr17@nhs.net
Boots the Chemists	Unit 40	Didcot	OX11 7LG	pharmacy.fy386@nhs.net
Boots the Chemists	96 London Road	Oxford	OX3 9AJ	pharmacy.fyx78@nhs.net

# **Berkshire West**

Trading Name	Address 1	Address 3	Post Code	Shared NHSmail email address
Erleigh Road Pharmacy	85-87 Erleigh Road	Reading	RG1 5NN	pharmacy.fa288@nhs.net
Tesco Pharmacy	Tesco Extra	Reading	RG30 1AH	pharmacy.fa368@nhs.net
Asda Pharmacy	Chalfont Way	Reading	RG6 5TT	pharmacy.fa448@nhs.net
Shinfield Pharmacy	Shinfield Prim. Care Ctr	Shinfield	RG2 9EH	pharmacy.fa593@nhs.net
Markand Pharmacy	122 Henley Road	Reading	RG4 6DH	pharmacy.fa597@nhs.net
The Reading Pharmacy	105 Wokingham Road	Reading	RG6 1LN	pharmacy.fae42@nhs.net
Boots the Chemists	125 High Street	Hungerford	RG17 0DL	pharmacy.fc776@nhs.net
The Little Village Pharmacy	24 West End Road	Reading	RG7 3TF	pharmacy.FD722@nhs.net
Downland Pharmacy	East Lane	Newbury	RG20 8UY	pharmacy.fdn76@nhs.net
Fourways Pharmacy	195 London Road	Reading	RG1 3NX	nhspharmacy.fdp58@nhs.net
Boots the Chemists	47-48 Broad Street	Reading	RG1 2AE	pharmacy.fdt21@nhs.net
Trianglepharmacy	88-90 School Road	Reading	RG31 5AW	pharmacy.fdx71@nhs.net
Whitley 277 Pharmacy	277 Basingstoke Road	Reading	RG2 0JA	pharmacy.fe270@nhs.net
Boots the Chemists	45 Church Street	Reading	RG4 8BA	pharmacy.fex35@nhs.net
Orange Pharmacy	237 London Road	Reading	RG1 3NY	pharmacy.fex81@nhs.net
Tesco Pharmacy	78 Finchampstead Road	Wokingham	RG40 2NS	pharmacy.ff045@nhs.net
Burghfield Pharmacy	Reading Road	Reading	RG7 3YJ	pharmacy.fft63@nhs.net
MedWay Pharmacy	32 Meadway Precinct	Reading	RG30 4AA	pharmacy.ffx18@nhs.net
Boots the Chemists	25 Town Mall Walk	Reading	RG1 2AH	pharmacy.ffy65@nhs.net
Day Lewis Pharmacy	Welford House, Basingstoke Road	Reading	RG7 1AA	pharmacy.fg634@nhs.net
Milman Road Pharmacy	Milman Road Health Centre	Reading	RG2 0AR	pharmacy.fg814@nhs.net
Basingstoke Road Pharmacy	71 Basingstoke Road	Reading	RG2 0ER	pharmacy.fgd71@nhs.net
Tilehurst Pharmacy	7 School Road	Reading	RG31 5AR	pharmacy.fgf17@nhs.net
Morrisons Pharmacy	Woosehill Court	Wokingham	RG41 3SW	pharmacy.fgv18@nhs.net
Superdrug Pharmacy	55-59 Broad Street	Reading	RG1 2AF	pharmacy.fgx83@nhs.net
Southcote Pharmacy	36 Coronation Square	Reading	RG30 3QN	pharmacy.fhf90@nhs.net
Day Lewis Rankin Pharmacy	15 Maiden Lane Centre	Reading	RG6 3HD	pharmacy.fhj96@nhs.net
Halo Pharmacy	3-5 Crown Mead	Thatcham	RG18 3JW	pharmacy.FJ120@nhs.net
Wargrave Pharmacy	48 Victoria Road	Reading	RG10 8AE	manvir@clicksolutions.co.uk
Boots the Chemists	4-5 Northbrook Street	Newbury	RG14 1DJ	pharmacy.fjv60@nhs.net
Tesco Pharmacy	Tesco Extra	Newbury	RG14 7HB	pharmacy.fk567@nhs.net
Newdays Pharmacy	1 London Road	Reading	RG10 9EH	pharmacy.fke74@nhs.net
Wash Common Pharmacy	Monks Lane	Newbury	RG14 7RW	pharmacy.fl172@nhs.net
Day Lewis Pharmacy	Finchampstead Surgery	Finchampstead	RG40 3RG	pharmacy.fl267@nhs.net
Boots the Chemists	89-91 Crockhamwell Road	Reading	RG5 3JP	pharmacy.fld94@nhs.net
Whitley Wood Pharmacy	534 Northumberland Avenue	Reading	RG2 8NY	pharmacy.flg15@nhs.net
Saood Pharmacy	104a Oxford Road	Reading	RG1 7LL	pharmacy.flk26@nhs.net
Mortimer Pharmacy	72 Victoria Road	Reading	RG7 3SQ	pharmacy.flp66@nhs.net



# **GP** practices

# Buckinghamshire

Location	Surgery	Generic Email Address
Buckinghamshire	3W Health	3whealth.secretaries@nhs.net
Buckinghamshire	Amersham Health Centre	admin.ahc@nhs.net (5.00pm-6.00pm)
Buckinghamshire	Ashcroft Surgery	e.ashcroft@nhs.net
Buckinghamshire	Berrycroft Surgery	berrycroft.health@nhs.net
Buckinghamshire	Bourne End & Wooburn Green Medical Centre	management.bewgmc@nhs.net and admin.bewgmc@nhs.net
Buckinghamshire	Burnham Health Centre	burnhamhc.web@nhs.net
Buckinghamshire		
Buckinghamshire	Carrington House Surgery	carrington.house@nhs.net
Buckinghamshire	Cherrymead Surgery	cherrymead.surgery@nhs.net
Buckinghamshire	Chiltern House Medical Centre	feedback.chmc@nhs.net
Buckinghamshire	Cressex Health Centre	bobicb.officecressxhc@nhs.net
Buckinghamshire	Denham Medical Centre	Denhammedicalcentre.referrals@nhs.net
Buckinghamshire	Desborough Surgery	<u>desborough.surgery@nhs.net and</u> <u>hazlemere.surgery@nhs.net</u>
Buckinghamshire	Edlesborough Surgery	bobicb-bucks.edlesborough.admin@nhs.net
Buckinghamshire	Gladstone Surgery	gladstone.referrals@nhs.net
Buckinghamshire	Haddenham Medical Centre	haddenham.reception@nhs.net
Buckinghamshire	Highfield Surgery	highfield.surgery@nhs.net
Buckinghamshire	Hughenden Valley Surgery	bobicb-bucks.secretaries.hvs@nhs.net
Buckinghamshire	John Hampden Surgery	johnhampdensurgery@nhs.net
Buckinghamshire	Kingswood Surgery	enquiries.kingswood@nhs.net
Buckinghamshire	Little Chalfont Surgery	littlechalfont.surgery@nhs.net
Buckinghamshire	Mandeville Surgery	mandevillesurgery@nhs.net
	Millbarn Medical Centre	
Buckinghamshire		bobicb-bucks.millbarn.surgery@nhs.net
Buckinghamshire	Oakfield Surgery	a.oakfieldsurgery@nhs.net
Buckinghamshire	Poplar Grove Practice	Poplar.grove@nhs.net
Buckinghamshire	Priory Surgery	edt.priory@nhs.net
Buckinghamshire	Prospect House	prospect.house@nhs.net
Buckinghamshire	Rectory Meadow Surgery	rectorymeadowsurgery@nhs.net
Buckinghamshire	Riverside Surgery	bobicb-bucks.riversidesurgery@nhs.net
Buckinghamshire	Southmead Surgery	<u>southmeadsurgery@nhs.net</u>
Buckinghamshire	Stokenchurch Medical Centre	bobicb-bucks.admin.smc1@nhs.net
Buckinghamshire	The Allan Practice	clinical.tap@nhs.net



Buckinghamshire	The Cross Keys Practice	admin.crosskeyspractice@nhs.net
Buckinghamshire	The Hall Practice	thehallpractice.frontdesk@nhs.net
Buckinghamshire	The Ivers Practice	bobicb-bucks.referral.ivermc@nhs.net
Buckinghamshire	The Marlow Medical Group	marlowmedical.group1@nhs.net
Buckinghamshire	The Misbourne Practice	misbourne.practice@nhs.net
Buckinghamshire	The New Surgery	newsurgery.admin@nhs.net
Buckinghamshire	The Simpson Centre & Penn Surgery	simpson.practicemanager@nhs.net
Buckinghamshire	The Swan Practice	admin.theswanpractice@nhs.net
Buckinghamshire	Threeways Surgery	threeways.reception@nhs.net
Buckinghamshire	Tower House Surgery	administration.ths@nhs.net
Buckinghamshire	UNITY Health	bobicb-bucks.unityhealth.bucks@nhs.net
Buckinghamshire	Waddesdon Surgery	bobicb-bucks.e.waddesdon@nhs.net
Buckinghamshire	Water Meadow Surgery	watermeadow@nhs.net
		Astonclinton.surgery@nhs.net,
Buckinghamshire	Westongrove Partnership	Bedgrove.surgery@nhs.net
Buckinghamshire	Whitehill Surgery	bobicb-bucks.whitehillsurgeryadmin@nhs.net
Buckinghamshire	Wye Valley Surgery	bobicb-bucks.wyevalleysurgery@nhs.net

# Oxfordshire

Location	Surgery	Generic Email Address
Oxfordshire	Beaumont Elms Practice	info.nbs@nhs.net
Oxfordshire	Northgate Health Centre	bobicb-ox.northgatehealthcentre@nhs.net
Oxfordshire	Abingdon Surgery	Abingdon.surgery@nhs.net PM bobicb- ox.practicemanager@nhs.net
Oxfordshire	Alchester Medical Group	alchester.medicalgroup@nhs.net
Oxfordshire	Bampton Surgery	bobicb-ox.bmp.reception@nhs.net
Oxfordshire	Banbury Cross Health Centre	reception.brms@nhs.net
Oxfordshire	Banbury Road Medical Centre	Reception.brmc@nhs.net
Oxfordshire	Bartlemas Surgery	bartlemas.admin@nhs.net
Oxfordshire	Bell Surgery	thebellsurgery@nhs.net
Oxfordshire	Berinsfield Health Centre	Reception.berinsfield@nhs.net
Oxfordshire	Bicester Health Centre	Bicester.hc@nhs.net
Oxfordshire	Bloxham Surgery & Hook Norton Surgeries	bloxham.reception@nhs.net
Oxfordshire	Broadshires Health Centre	broadshireshealthcentre@nhs.net
Oxfordshire	Burford Surgery	burfordsurgery.reception@nhs.net
Oxfordshire	Charlbury Surgery	<u>cmc@nhs.net</u>
Oxfordshire	Chipping Norton Health Centre	cnhc.reception@nhs.net
Oxfordshire	Church Street Practice	bobicb-ox.churchstreet.receptiondesk@nhs.net
Oxfordshire	Clifton Hampden Surgery	bobicb.chadmin@nhs.net



		Integrated Care Board
Oxfordshire	Cogges Surgery	cogges.reception@nhs.net
Oxfordshire	Cowley Road Medical Practice	Patients.crmp@nhs.net
Oxfordshire	Cropredy Surgery	bobicb-ox.cropredy.surgery@nhs.net
Oxfordshire	Deddington Health Centre	admin.deddington@nhs.net
Oxfordshire	Didcot Health Centre	dhc.info@nhs.net
Oxfordshire	Donnington Medical Partnership	bobicb-ox.reception.dhc@nhs.net
Oxfordshire	Eynsham Medical Centre	bobicb.scannerseynsham@nhs.net
Oxfordshire	Goring & Woodcote Health Centre	bobicb-ox.gwsecretarial@nhs.net
Oxfordshire	Gosford Hill Medical Centre	<u>Gosfordhill@nhs.net</u>
Oxfordshire	Hart Surgery	thehartsurgery@nhs.net
Oxfordshire	Hedena Health	buryknowle@nhs.net
Oxfordshire	Hightown Surgery	bobicb-ox.HightownRec@nhs.net
		bobicb-ox.hightown-admin@nhs.net
Oxfordshire	Hollow Way Medical Centre	hwmc@nhs.net
Oxfordshire	Islip Surgery	islip.reception@nhs.net
Oxfordshire	Jericho Health Centre	bobicb.leaver@nhs.net
Oxfordshire Oxfordshire	KES @Northgate (formerly King Edwards Street) Long Furlong MC	kingedwardst.reception@nhs.net receptionists.longfurlong@nhs.net
Oxfordshire	Luther Street Medical Centre	Ismcreception@oxfordhealth.nhs.uk
Oxfordshire	Malthouse Surgery	malthouse.surgery@nhs.net
Oxfordshire	Manor Surgery	manorsurgery@nhs.net
Oxfordshire	Marcham Road Health Centre	mrhc.generaladmin@nhs.net
Oxfordshire	Mill Stream Surgery	bobicb-ox.adminmillstream@nhs.net
Oxfordshire	Montgomery House Surgery	montgomery.house@nhs.net
Oxfordshire	Morland House Surgery	bobicb-ox.morland.medical@nhs.net
Oxfordshire	Nettlebed Surgery	reception.k84015@nhs.net
Oxfordshire	Newbury Street Practice	reception.newburystreet@nhs.net
Oxfordshire	Nuffield Health Centre	nuffield.practice@nhs.net
Oxfordshire	Oak Tree Health Centre	Oaktreehealthcentre@nhs.net
Oxfordshire	Observatory Medical Practice	Jericho.two@nhs.net
Oxfordshire	Rycote Surgery	therycotepractice@nhs.net
Oxfordshire	Sibford Gower Surgery	sibfordsurgery@nhs.net
Oxfordshire	Sonning Common Health Centre	schcreception@nhs.net
Oxfordshire	St Bartholomews MC and Hollow Way MP	sbmc.admin@nhs.net
Oxfordshire	St Clements Surgery	bobicb-ox.stclements.reception@nhs.net
Oxfordshire	Summertown Medical Group	bobicb-ox.summertownhc@nhs.net
Oxfordshire	Temple Cowley Health Centre	bobicb-ox.contact.tcmg@nhs.net



Oxfordshire	The Key Medical Practice	keymp.reception@nhs.net
Oxfordshire	Wallingford Medical Centre	wallingford.edt@nhs.net
Oxfordshire	Watlington & Chalgrove Surgery	bobicb-ox,watlington-chalgrovesurgeries@nhs.net
Oxfordshire	White Horse Practice	bobicb-ox.whitehorse.pmanager@nhs.net_
Oxfordshire	Windrush Medical Practice (Witney)	windrush.medicalpractice@nhs.net
Oxfordshire	Windrush Surgery (Banbury)	windrushadmin@nhs.net
Oxfordshire	Woodlands Medical Centre	woodlands.medical@nhs.net
Oxfordshire	Woodlands Surgery	woodlands.info@nhs.net
Oxfordshire	Woodstock Surgery	Woodstock.admin@nhs.net
Oxfordshire	Wychwood Surgery	Wychwood.surgery@nhs.net

# **Berkshire West**

Location	Surgery	Generic Email Address
Berkshire West	Abbey Medical Centre	abbey.medicalcentre@nhs.net
Berkshire West	Balmore Park	administration.balmorepark@nhs.net
Berkshire West	Broad Street Health Centre	bobicb-bw.bshc@nhs.net
Berkshire West	Brookside Group Practice	bobicb-bw.communication.brookside@nhs.net
Berkshire West	Burdwood Surgery	bobicb-bw.burdwoodsurgery@nhs.net
Berkshire West	Chapel Row Surgery	chapelrowsurgery@nhs.net
Berkshire West	Chatham Street Surgery	bobicb-bw.chathamstscript@nhs.net
Berkshire West	Downland Practice	downlandpractice@nhs.net
Berkshire West	Eastfield House Surgery	eastfield.reception@nhs.net
Berkshire West	Emmer Green	bobicb-bw.emmer-greensurgery@nhs.net
Berkshire West	Falkland Surgery	contact.falkland@nhs.net
Berkshire West	Finchampstead Surgery	patient.finchampstead@nhs.net or admin.finchampstead@nhs.net grovelands.admin@nhs.net
Berkshire West	Grovelands Medical Centre	
Berkshire West	Hungerford Surgery	hungerfordsurgery@nhs.net
Berkshire West Berkshire West	Kintbury & Woolton Hill Surgery Lambourn Surgery	bobicb-bw.kintbury.surgery@nhs.net lambourn.surgery@nhs.net
Berkshire West	Loddon Vale Practices	info.loddonvale@nhs.net
Berkshire West	London Street Surgery	bobicb-bw.londonstreetreception@nhs.net
Berkshire West	Long Barn Lane Surgery	info.lbl@nhs.net
Berkshire West	Melrose Surgery	melrose.reception@nhs.net
Berkshire West	Milman Road Surgery & Kennet Surgery	bobicb-bw.milman.kennet@nhs.net



	Mortimer Surgery	rbh.mortimersurgery@nhs.net
Berkshire West		bobicb-bw.secretaries.mortimer@nhs.net
Berkshire West	New Wokingham Road	surgeryreception@nhs.net
Berkshire West	Pangbourne The Boat House Surgery	pang.info@nhs.net
Berkshire West	Parkside Family Practice (Green Rd Surgery)	bobicb.pfp@nhs.net
Berkshire West	Pembroke Surgery	bobicb-bw.pembroke.reception@nhs.net
	Russell Street Surgery	srccg.russellgroup@nhs.net
Berkshire West		
		bobicb-bw.reception.shg@nhs.net
Berkshire West	South Reading and Shinfield Medical Practice	
Berkshire West	Strawberry Hill (Northcroft and St Marys)	enquiry.shmc@nhs.net
Berkshire West	Swallowfield Medical Practice	swallowfield.practice@nhs.net
Berkshire West	Thatcham Medical Practice	bobicb.tmpinfo@nhs.net
	Theale Medical Centre	bobicb-bw.tmc@nhs.net
Berkshire West	Tilehurst Surgery "The Potteries"	tilehurst.potteries@nhs.net
Berkshire West		
	Tilehurst Village Surgery (Chancellor House)	bobicb-bw.reception.tv@nhs.net
	Thendist village surgery (Charcellor House)	bobicb-bw.reception.ch@nhs.net
Berkshire West		- Chancellor House
Berkshire West	Twyford Surgery	bobicb-bw.info.twyford@nhs.net
Berkshire West	University (Of Reading) Medical Group	bobicb-bw.umg@nhs.net
Berkshire West	Wargrave Surgery	bobicb-bw.admin.wargrave@nhs.net
Berkshire West	Western Elms Surgery	we.scripts@nhs.net
Berkshire West	Westwood Road	westwoodroad.practice@nhs.net
Berkshire West	Wokingham Medical Centre	admin.wmc@nhs.net
Berkshire West	Woodley Centre Surgery	bobicb-bw.woodley.surgery@nhs.net
Berkshire West	Woosehill Medical Centre	admin.woosehill@nhs.net

# **Appendix 12: Useful references**

# Literature and papers

PDF	I
	1

PDF

Yorkshire & Humber Dental Foundation Tra a statewide public hea



# National training webinar

Link to the video on taking a Blood Pressure reading:

https://f.io/KqourGsU

# Information pack

The Thames Valley and Wessex Workforce, Training and Education Directorate webpage holds useful information about the BOB pilot:

https://thamesvalley.hee.nhs.uk/dental-directorate-thames-valley-andwessex/cardiovascular-disease-bob-icb-pilot-case-finding-in-dental-practices/

# Appendix 13: Smoking Cessation services in BOB ICB

#### Stop smoking – find your local service

https://www.nhs.uk/service-search/other-health-services/stop-smoking-supportservices

### Oxfordshire - Stop for life Oxon - Stopforlifeoxon.org

Service Free Phone Number: 0800 122 3790 Free Text: STOPOXON 60777 NHS Mail for <u>ALL referrals and any PID/confidential data</u>: <u>referrals.stopforlife@nhs.net</u> Service website: Encrypted referral form: <u>https://www.stopforlifeoxon.org/referral-</u> form/

Buckinghamshire (not MK) – Be Healthy Bucks https://bhb.maximusuk.co.uk/referrers/

Berkshire – Smokefreelife Berkshire https://www.smokefreelifeberkshire

# Appendix 14: Practice checklist of readiness for the commencement of Hypertension case finding:

Requirement	Evidence of readiness to commence
Name and role of practice lead	
Names of staff to carry out BP checks	
Names of staff who attended/viewed BOB ICB training webinar on 29 <sup>th</sup> October 2024	
Names of staff who viewed national training webinar	
Details of BP monitor(s) purchased	
Nhs.net address to be used for making referrals/transferring patient information	
Description of arrangements in practice to monitor the service	
Date of service commencement	

# Please return the completed checklist to <u>bobicb.pod.services@nhs.net</u>

# **Appendix 15: Payment**

Submit invoices a PDF format and send to <a href="mailto:sbs.apinvoicing@nhs.net">sbs.apinvoicing@nhs.net</a>



Invoices relating to activity delivered citing the practice's SBS reference number should be submitted along with a completed monitoring spreadsheet attached in paragraph 35, page 10.

# Appendix 15: Irregular pulse detection

# Update to SOP May 2025.

#### **Onward clinical pathway**

Automated blood pressure devices can fail to give an accurate blood pressure reading if the patient has an irregular pulse [NICE Guideline NG136].

Most blood pressure machines used by optical and dental practice staff will detect if a patient has an irregular pulse.

We understand that currently, some sites have an onward pathway for these patients, but some do not. We feel there is a <u>risk to patient safety</u> if patients present with an irregular pulse but are not directed onwards for further investigation, as they may have underlying atrial fibrillation with increased risk of a stroke, or the BP reading recorded may not be accurate.

Considering this, we are asking that <u>all sites</u> - where equipment can detect an irregular pulse - implement a pathway for these patients. The pathway should, as a <u>minimum</u>, notify the patient's GP if BP equipment detects an irregular pulse, or, if possible, with local arrangements, should refer the patient to their GP within 2 weeks. The GP should establish whether the patient has atrial fibrillation and also take blood pressure readings <u>manually</u> to establish if they have hypertension.

Additional information and patient facing resources are available through the AF Association-UK. <u>Atrial Fibrillation (AF) - AF Association - UK</u>

#### Helen Williams, National Clinical Director for CVD Prevention

Dr Jim Moore Primary Care Clinical Lead for Cardiac Transformation & CVD Prevention

FAQs:

# 1. Can I still signpost the individual to a community pharmacy if they have an irregular pulse?

No. If an irregular pulse is detected, the blood pressure reading may be inaccurate. Please do not signpost the individual to a community pharmacy for a blood pressure check. Instead, they should be signposted or if possible, referred to their GP for further assessment of their risk of Atrial Fibrillation (AF) this data should be collected and reported as part of the evaluation.

# 2. Will I need to collect data if an irregular pulse is detected to support the national evaluation?

Yes. This update follows the decision made at the Steering Group Meeting on 30 April 2025. Going forward, we kindly ask that data on irregular pulse detection be collected and included as part of the final data submission in <u>September 2025 and in the highlight reports.</u>

We kindly ask that where possible <u>at a minimum</u>, you collect the <u>same data</u> you would for a standard BP check, including age, gender, ethnicity, indices of deprivation, and follow-up outcomes. This should be recorded in a separate section or tab of your data collection template, specifically for individuals with an irregular pulse.

The evaluation team at Health Innovation South West will update your data collection templates to support this, they can do this either by issuing you with a new data collection template or updating the version you have, if you email it to them at <u>Kayleigh.rosewell@healthinnovationsouthwest.com</u>. The national project team will update the highlight report template. Some sites are already collecting this data—please continue doing so if this applies to you.

The information captured should include:

- Confirmation of an irregular pulse
- Where the individual was signposted (e.g., GP)
- The outcome pending your follow-up process, which should remain consistent with existing protocols, appreciating the variation of methodology across the sites.

This approach should align closely with your current data collection processes, and therefore anticipate minimal adjustment. Please contact the national team <u>england.clinicalpolicy@nhs.net</u> and

kayleigh.rosewell@healthinnovationsouthwest.com if you have any concerns or questions about this request.

# 3. Why is it important for this information to be collected?

An irregular pulse is a sign that someone might have Atrial Fibrillation (AF) so it's important for the person to be assessed appropriately by their GP.

AF increases the risk of a blood clot developing, which can lead to a stroke. Even if someone doesn't have symptoms, AF can increase the risk of stroke by five

times. The disorganised electrical activity also means that the heart doesn't pump as efficiently as it should. This can increase the risk of heart failure further down the line. If detected, diagnosed and treated early, these risks can be dramatically reduced.

More information here: What is atrial fibrillation? - Heart Matters magazine - BHF

# 4. We've already submitted data for April 2025 using the template provided. What does this request mean for us?

This update follows the decision made at the Steering Group Meeting on 30 April 2025. Going forward, we ask that data on irregular pulse detection be included as part of the final data submission in <u>September 2025</u>.

# 5. Can dental and optometry settings still claim back their incentive, even if they didn't originally express interest in irregular pulse checks or didn't complete a BP check due to irregular pulse detection?

Yes. If your BP monitor detects an irregular pulse, there may be a patient safety concern if this is not appropriately followed up. We ask that this activity be reimbursed in the same way as a standard blood pressure check under the pilot scheme.

# 6. Do I still submit the BP reading if an irregular pulse is detected?

No. If an irregular pulse is detected, please do not submit the BP reading, as it may be inaccurate. Instead, follow the guidance above and notify the GP for further assessment. Individuals should not be signposted to a community pharmacy for a BP check in these cases.

# 7. Can you provide an example of what the onward pathway may look like from the pilots who have developed an irregular pulse pathway?

Different pilots assess pulse and manage referrals based on rate and irregularity in various ways. Each pilot should develop the most appropriate pathway with local stakeholders, aligned with the clinical advice in this request, where as a <u>minimum</u>, notify the patient's GP if BP equipment detects an irregular pulse, or, if possible, with local arrangements, should refer the patient to their GP within 2 weeks.

Where the patient presents with an irregular pulse and are symptomatic, they should seek medical attention or where possible be referred on the same day.

Examples pathways from pilots who have already developed an irregular pulse pathway also include onward pathway for symptomatic irregular pulse who should seek same day medical attention:

Example 1:

- <50 refer to own surgery (within 48 hours if symptomatic)
- 50-60 maybe due to medication or regular exercise
- 60-100 normal range
- >100 refer to own surgery (within 48 hours if symptomatic)
- Seek IMMEDIATE medical attention if irregular pulse is newly identified and is displaying symptoms, If no symptoms, seek medical review within 48 hours.

Example 2:

- Irregular symptomatic Signpost to A&E
- Irregular asymptomatic Complete ECG request and email cardiology dept if no GP, signpost to A&E
- Normal Lifestyle advice
- Unobtainable symptomatic Signpost to A&E
- Unobtainable asymptomatic Complete ECG request and email cardiology department

Once a pathway has been determined the national evaluation team and national project team should be notified.