

Thames Valley GP School, Virtual Faculty Day 14TH October 2025

Faculty Day Guide

Plenary sessions:

	Speaker details and session information
Welcome and host Maggie Woods, Associate Dean 	I am delighted to host the Thames Valley Faculty Day once again. I have worked in the Thames Valley GP School for many years. I started in education as a CPD tutor in Reading. In my current role I focus on professional development and supporting programmes such as the Thames Valley and Wessex Primary Care Fellowship Scheme. I also work as programme director in the Primary Care School. I have a passion for multi professional team working and personal development, coaching and mentoring. Many of you will know me for delivering leadership workshops and programmes.
Thames Valley GP School Update Manjiri Bodhe, Head of School of General Practice NHS England Thames Valley 	I am Head of School for Thames Valley and Wessex and do 7 sessions across the 2 schools. Along with the Primary care Dean, I represent our school in many national forums including COGPED and RCGP. I also work closely with the Primary Care school across Wessex and Thames Valley who support wider workforce learners. I fully appreciate the challenging primary care climate we currently all reside in and advocate for trainers and resident doctors as much as is possible. I work with an amazing team of ADs, TPDs and admin staff without whom the job would be impossible. I also work as an NHSE appraiser in the remainder of the week. My other qualifications include qualifications in medical education and Coaching and mentoring. In my spare time I enjoy yoga, reading, fashion and meeting and networking with a large variable group of friends.

ARCP/ WPBA

Dr Kim Emerson
Associate Dean



Dr Kim Emerson: Associate GP Dean for ARCP and Assessment, ARCP Chair, educational supervisor, trainer, previous TPD and Associate GP Dean for Reading and Newbury VTS, RCGP WPBA clinical lead, external assessor for RCGP, Deanery Assessment Reference Lead and practicing GP.

The session will discuss the challenges and benefits of using generative AI in WPBA, the RCGP's policy, and managing trainees with AI tools. It will also outline the roles of CSs, ESs, TPDs, ADs, and ARCP panels in overseeing AI use. After updates on ARCP and WPBA changes, Kim will answer questions on WPBA, ARCP, and platforms like Fishbase and FourteenFish, gathering feedback for further action.

***5 strategies for clearer communication
with colleagues and patients who speak
English as an additional language***

Kathryn Alevizos and Zanne Gaynor
Acrobat Global



A linguistically and culturally diverse workplace is undoubtedly enriching but it can also bring its own communication challenges. This highly engaging and thought-provoking talk provides the opportunity to explore these challenges and offers 5 language strategies that can be used straight away.

Zanne Gaynor and Kathryn Alevizos are published authors, language experts and workplace trainers. Their company, Acrobat Global, specialises in communication skills for multicultural organisations with a particular focus on more inclusive and empathetic communication.

They work with a variety of clients from the NHS, Social Care, Higher Education and private enterprises. Their training and keynote speeches raise awareness of the challenges of cultural

	and linguistic diversity in the workplace and the impact that more inclusive communication can have on employee engagement and well-being. acrobat-global communication skills for global leaders
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WORKSHOPS you can attend two workshops, (the workshops are repeated). Workshop A at 13.45-14.45 and workshop B at 15.05-16.05

	Workshop Facilitators	
1.	<i>Supporting IMGs in GP Posts</i> Shareen Hallas Associate Dean Thames Valley 	This workshop is a practical, interactive session to discuss how we can best support our international medical graduate trainees in GP posts. There will be opportunity to share ideas, ask questions and learn from each other. We will cover: • A (brief) overview on current differential attainment data for IMG trainees • Case scenarios on how to approach common difficulties faced by IMG trainees ◦ Navigating difficulties at home ◦ Approaching the trainee who is still on 30 minutes and running late ◦ Portfolio challenges ◦ And more! • Resources available to support you and your trainee • IMG success stories

2.

#IAmRemarkable: Celebrating Achievements and Embracing Self-Promotion to Elevate Confidence and Career Growth

Tisha Patel



As GP educators and mentors, you are critical in shaping junior doctors' confidence, self-belief, and career direction. But before we can truly support others, we must first learn to acknowledge our achievements confidently—something that can feel uncomfortable within healthcare culture.

This interactive workshop explores the personal and systemic barriers to self-promotion, including unconscious bias. Through reflection, discussion, and evidence-based insight, you'll gain practical strategies to help junior doctors build career visibility, confidence, and resilience.

You'll leave with tools to embed empowerment into your tutorials, feedback sessions, and development conversations, fostering a stronger culture of recognition and growth in general practice education.

Key Outcomes:

By the end of this workshop, participants will:

- Gain a clear understanding of why self-promotion is essential for personal and professional growth
- Understand and address unconscious bias and cultural barriers that hinder self-promotion
- Reflect on your achievements and articulate them with clarity and confidence
- Learn how to apply #IAmRemarkable principles within educational settings, tutorials, and workplace conversations

Dr Tisha Patel is a GP Director based in Buckinghamshire with nearly 20 years' experience as a GP trainer. Alongside her clinical and educational roles, she is an Executive Career Coach specialising in building confidence and career progression with wellness at the core. Tisha is a #IAmRemarkable Gold-tier facilitator for Rmrkblty.

Tisha is passionate about empowering individuals—particularly those in healthcare—to own their achievements and strengthen their career confidence through reflective and inclusive training approaches.

3.	<i>The Evidence-Informed Educator: Guiding Trainees with Reliable Resources</i> Kate Jones, Knowledge Service Manager 	I have worked as a Librarian in the NHS for over 25 years. The best of these years have been the last 4 which have been in Primary Care, first in Buckinghamshire and now in Oxfordshire. Primary Care has long been overlooked in getting support for Evidence Based Practice with practitioners expected to figure it out for themselves. Help is now available to save your valuable time and to show you what is out there. When I am not working I am a local ward Councillor, dog owner and pub visitor; sometimes I combine all 3 at the same time. During this practical workshop we will explore a number of essential Evidence-Based sites. These will be valuable to you as well as to your trainees. On your laptop, tablet or 'phone you will have time to see for yourself how useful they are. Use your NHS OpenAthens account to enjoy all the features. OpenAthens Registration
4.	<i>Developing and Teaching Leadership skills</i> Maggie Woods Associate Dean 	In this workshop we will explore what leadership is, the evidence base, the current model of leaderships and signpost you to resources to facilitate leadership development in trainees. As well as Associate Dean, Maggie is an associate of the Faculty of Medical Leadership and Management, a lecturer in leadership at Manchester Business School, and visiting lecturer at the University of Portsmouth, and previously the Deputy Director of the NHS Southeast Leadership Academy.