

Resources and further information

Gov.UK

Collection Oral health: Information and resources to improve oral health and reduce inequalities in England. <https://www.gov.uk/government/collections/oral-health>

Oral Health - Help for early years providers <https://help-for-early-years-providers.education.gov.uk/health-and-wellbeing/oral-health>

Why is Oral Health included in EYFS: <https://help-for-early-years-providers.education.gov.uk/health-and-wellbeing/oral-health#why-oral-health-is-in-the-EYFS-framework>

Supervised toothbrushing for children to prevent tooth decay:
<https://www.gov.uk/government/news/supervised-toothbrushing-for-children-to-prevent-tooth-decay>

Commissioning and delivering supervised toothbrushing schemes in early years and school settings. Office for Health Improvement & Disparities:
<https://www.gov.uk/government/publications/improving-oral-health-supervised-tooth-brushing-programme-toolkit>

Brush: Supervised Toothbrushing Toolkit: <https://www.supervisedtoothbrushing.com/>

Eatwell Guide: makes healthy eating easier to understand by showing the types and portions of foods we need to have for a healthy and well balanced diet.
<https://www.gov.uk/government/publications/the-eatwell-guide>

Early Years Foundation Stage nutrition: Helping early years providers offer healthy, balanced and nutritious food <https://www.gov.uk/government/publications/early-years-foundation-stage-nutrition>

NHS

Guidance on looking after Children's teeth: <https://www.nhs.uk/live-well/healthy-teeth-and-gums/taking-care-of-childrens-teeth/>

Drinks and cups for babies and young children: <https://www.nhs.uk/baby/weaning-and-feeding/drinks-and-cups-for-babies-and-young-children/>

Who can get free dental treatment: <https://www.nhs.uk/nhs-services/dentists/who-can-get-free-nhs-dental-treatment/>

HENRY is a national charity giving babies and young children a healthy start in life and helping prevent child obesity. HENRY is an evidence-based programme. www.henry.org.uk

Oral Health Foundation is a charity dedicated to raising public awareness of dental and oral health and promoting good dental health practices. <https://www.dentalhealth.org/>

Family Lives is a national family support charity providing help and support in all aspects of family life, there is information on teething. www.familylives.org.uk

Colgate Bright Smiles Bright Futures resources for teachers and families. Focused on prevention, the programme builds self-esteem and teaches good oral health practices to create lifelong habits: <https://www.colgate.com/en-gb/mission/oral-health-commitment/bsbf>