

Resources on Dementia

Dementia Statistics

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Dementia Action Week

The Alzheimer's Society Dementia Action Week takes place in May each year, please consider ways to continue to raise awareness of the importance of an early diagnosis for people affected by dementia. <https://www.alzheimers.org.uk/get-involved/dementia-action-week>

Dementia Prevention

The Lancet Commission on Dementia Prevention, Intervention and Care (LCDPIC) 2024 update
[https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(24\)01296-0/abstract](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(24)01296-0/abstract)

Dementia Awareness

Skills for Health Dementia Core Training Framework

Oral Health is included in the dementia core training framework

<https://www.skillsforhealth.org.uk/resources/dementia-2018-updated-2026/>

NHS England Workforce Training and Education

- National website includes dementia training for all health professionals.

[Dementia | NHS England | Workforce, training and education](https://www.hee.nhs.uk/our-work/dementia-awareness/resources-tier-one-two-three)

<https://www.hee.nhs.uk/our-work/dementia-awareness/resources-tier-one-two-three>

- e-learning for Healthcare <https://www.e-lfh.org.uk/>

e-learning modules on dementia: <https://portal.e-lfh.org.uk/Component/Details/563759>

- Module 1 Introduction to living with dementia
 - Dementia awareness - Person-centred dementia care
- Module 2 Enabling people to live well with dementia
 - Dementia identification, assessment and diagnosis
 - Dementia risk reduction and prevention
 - Communication, interaction and behaviour in dementia care
 - Health and wellbeing in dementia care
 - Pharmacological interventions in dementia care
 - Living well with dementia and promoting independence
 - Families and carers as partners in dementia care
 - Equality, diversity and inclusion in dementia care
 - Law, ethics and safeguarding in dementia care
 - End of life dementia care
 - Research and evidence-based practice in dementia care
 - Leadership in transforming dementia care

- **Dementia Education and Learning Through Simulation 2**

(DEALTS 2) resources provide a simulation-based training package for staff working regularly with people living with dementia.

<https://www.hee.nhs.uk/our-work/dementia-awareness/dementia-education-learning-through-simulation-2#:~:text=The%20Dementia%20Education%20and%20Learning,a%20person%20living%20with%20dementia.>

Publication reference: Resources on Dementia



The film, “The Appointment” shows the impact of a dental appointment and highlights the crucial role played by the whole dental team, in supporting patients with short term memory problems and undiagnosed dementia. It is available on YouTube - designed to be watched by the members of the dental team together as part of a practice meeting.

[Click here to view "The Appointment" on Youtube](#)

Download the resource pack for The Appointment (pdf) from

<https://thamesvalley.hee.nhs.uk/wp-content/uploads/sites/5/2024/04/Resource%20pack%20for%20the%20appointment.pdf>

Royal College of Psychiatrists

Dementia 100 toolkit <https://www.rcpsych.ac.uk/improving-care/nccmh/service-design-and-development/dementia-100-pathway-assessment-tool>

in collaboration with NHS England

Improving access, experience and outcomes for people living with dementia from ethnic minority communities. Resources to help narrow the health inequalities gap, which includes an e-learning module for health and care staff to understand the needs of people from an ethnic minority background living with dementia.

[Improving access, experience and outcomes for people living with dementia from ethnic minority communities](#)

Dementia UK

Young onset dementia: a framework for change

<https://www.dementiauk.org/get-involved/campaigns/young-onset-dementia-pathway/>

Young dementia Network

Supporting the autonomy of people with young onset dementia

<https://www.youngdementianetwork.org/news-and-events/our-webinars/past-webinars/supporting-the-autonomy-of-people-with-young-onset-dementia/>

Health Education England Dementia Guide for Carers and Care Providers eBook

The guide offers practical information for anyone caring for a person living with dementia. The Guide is available for free from [iBooks](#), the [Kindle Store](#) and [Smashwords](#) or as an app through the [Apple App Store](#). See more at: [Dementia | NHS England | Workforce, training and education](#)

Alzheimer’s Research UK and Bournemouth University

- **The Lived Experience of Dementia**
This eLearning resource offers practical tips and evidence on caring and communicating with people with dementia and provides more details on the impact of dementia.
<https://portal.e-lfh.org.uk/Component/Details/626667>
- **A Walk Through Dementia**
The films were created as an app and viewed with a virtual reality (VR) headset. The app can be downloaded from your app store, it’s called A Walk Through Dementia. The films can be looked at without VR.
[https://www.bournemouth.ac.uk/research/centres-institutes/ageing-dementia-research-centre/walk-through-dementia#:~:text=Alzheimer's%20Research%20UK%20\(ARUK\)%2C,virtual%20reality%20\(VR\)%20headset.](https://www.bournemouth.ac.uk/research/centres-institutes/ageing-dementia-research-centre/walk-through-dementia#:~:text=Alzheimer's%20Research%20UK%20(ARUK)%2C,virtual%20reality%20(VR)%20headset.)

Future Learn UCL

Many faces of Dementia – Free access to limited content

Gain a unique insight into dementia through the stories, symptoms and science behind four less common diagnoses.

<https://www.ucl.ac.uk/short-courses/search-courses/many-faces-dementia>



Environment

The King's Fund has produced a range of resources to enable hospitals, care homes, primary care premises and specialist housing providers to become more dementia friendly.

<https://www.kingsfund.org.uk/projects/enhancing-healing-environment/ehe-design-dementia>

Safeguarding

General Dental Council: Guidance on child protection and vulnerable adults

<https://www.gdc-uk.org/standards-guidance/standards-and-guidance/gdc-guidance-for-dental-professionals/guidance-on-child-protection-and-vulnerable-adults>

GOV.UK: Supporting people living with dementia: safeguarding guidance

This guidance sets out good practice for working people living with dementia, suggesting ways in which professionals can provide quality safeguarding and best involve people in decision-making.

<https://www.gov.uk/government/publications/supporting-people-living-with-dementia-through-safeguarding-processes>

Alzheimer's Society

Safeguarding people with dementia – There is a wealth of information if you type 'Safeguarding' into the search function, in addition visit:

<https://www.alzheimers.org.uk/get-support/legal-financial/safeguarding>

Oral Health and Dental Care

Royal College of Surgeons of England

The Faculty of Dental Surgery (FDS) clinical guidelines to support oral health care for older adults.

[clinical guidelines to support oral health care for older adults.](#)

The guidelines sit alongside NHS England's [Framework for maintaining the oral health of our ageing population](#) which focuses on local planning and commissioning. Together, the two documents support a more joined-up approach to older people's oral health.

College of General Dentistry

Dementia-Friendly Dentistry Good Practice Guidelines this covers:

- The epidemiology and diagnosis of dementia, and its implications for dental professionals
- Principles of care management, including communication, consent and capacity.
- Clinical care, including history taking, treatment planning, care delivery and prescribing; and
- Site-specific considerations for dental practices, care homes and domiciliary care.

<https://cgdent.uk/dementia-friendly-dentistry/>

University of Plymouth Dental Dementia Friendly Guide

Co-written by Peninsula Dental Social Enterprise and Plymouth City Council, spawned from community engagement work within the University's Peninsula Dental School student curriculum.

A guide to help dental professionals incorporate dementia-friendly care into their practice.

<https://www.plymouth.ac.uk/news/new-guide-to-promote-dementia-friendly-dentistry-across-the-uk>

Dementia Friendly Dentistry Cheshire and Merseyside Toolkit

A toolkit which can help dentists and dental care professionals manage the dental care of patients living with dementia.

https://gmpcb.org.uk/wp-content/uploads/Dementia_Friendly_Dentistry_advice_and_guidance_booklet.pdf

Care Quality Commission

CQC is currently building a cross-sector dementia strategy

<https://www.cqc.org.uk/publications/health-and-social-care-support-dementia>



Good Practice in Care for Those Living with a Dementia: Literature Review

<https://www.cqc.org.uk/about-us/transparency/external-reports-research/good-practice-caring-dementia>

Dental Mythbuster 40 – Caring for People Living with Dementia

<https://www.cqc.org.uk/guidance-providers/dentists/dental-mythbuster-40-caring-people-dementia>

Alzheimer's Society

Information on dental care for people living with dementia.

<https://www.alzheimers.org.uk/get-support/daily-living/dental-care-other-resources>

British Society of Special Care Dentistry

For oral care information for patients and their carers including links to disability organisations and other groups which have web-based information on oral and dental care.

<https://www.bsscd.org/specialcaredentistry/guidelines-and-publications>

The British Society of Gerodontology: Dementia and Oral health

The website contains Guideline Documents, the Society Newsletters, and the comprehensive Oral Health Resource Pack, containing an array of links to oral health care resources to support the health of older and vulnerable people. <https://www.gerodontology.com/resources/downloads/>

Newcastle University: Dental Decisions Study

Funded by the National Institute for Health and Care Research

Helping patients and dentists make treatment decisions together

https://data.ncl.ac.uk/articles/figure/The_Dental_Decisions_Tool_a_co-produced_tool_to_support_dental_care_decision-making/23283353

Alzheimer Scotland

Information Sheet: Oral health and dementia

https://www.alzscot.org/wp-content/uploads/2025/07/Information-sheet_Oral-health-and-dementia.pdf?_rt=MXwxfG9yYWwgaGVhbHRofDE3ODkzMjM0Mzg&_rt_nonce=87132c3797

Useful articles/ books

Oral Health and Dental Care in the Ageing Population, Mili Doshi and Andrew Geddis-Regan

Editors. BJD Clinician's Guides 2022 ISBN 978-3-031-10224-0 (eBook) <https://doi.org/10.1007/978-3-031-10224-0>

- Chapter 10: Oral Health and Healthcare for People Living with Dementia and Other Cognitive Impairments Charlotte Curl, Kathryn Kerr, and Andrew Geddis-Regan

The impact of dementia on oral health and dental care, part 1: setting the scene for dental care provision Kathryn Kerr, Charlotte Curl, Andrew Geddis-Regan. *Prim Dent J.* 2020;9(2):24-30

The impact of dementia on oral health and dental care, part 2: approaching and planning treatment Andrew Geddis-Regan, Kathryn Kerr, Charlotte Curl. *Prim Dent J.* 2020;9(2):31-37

Management of the oral health of care home residents in general and those with dementia Editorial K.T. Kerr. *Community Dental Health* (2022) **39**, 154. © BASCD 2022

The mouth and oral health in the field of dementia. Sasha Scambler, Sarah Curtis, Jill Manthorpe, Kriika Samsi, Yvonne Rooney, & Jennifer Gallagher. *Health (London)* 2023 Jul;27(4):540-558 doi: 10.1177/13634593211049891. <https://pubmed.ncbi.nlm.nih.gov/34727785/>

Dental care for people living with dementia: current challenges and planning for the future. The UK perspective. Andrew Geddis-Regan *Community Dental Health.* 2023;40(2):125-130. doi:[10.1922/CDH_00279Geddis-Regan06](https://doi.org/10.1922/CDH_00279Geddis-Regan06)



Nutrition

**Ageing and Dementia Research Centre, Faculty of Health and Social Sciences,
Bournemouth University**

Eating and Drinking Well: Supporting People Living with Dementia.

<https://www.bournemouth.ac.uk/research/centres-institutes/ageing-dementia-research-centre/eating-drinking-well-dementia-toolkit>

Communication and Producing Patient Information

Alzheimer's Society

- Positive language, An Alzheimer's Society guide to talking about dementia
https://www.alzheimers.org.uk/sites/default/files/2018-09/Positive%20language%20guide_0.pdf
- Templates for dementia friendly documents
<https://www.alzheimers.org.uk/dementia-professionals/dementia-experience-toolkit/real-life-examples/tips-dementia-friendly-documents>

DEEP Guide: Writing dementia-friendly information

<https://www.dementiavoices.org.uk/wp-content/uploads/2013/11/DEEP-Guide-Writing-dementia-friendly-information.pdf>

NHS England 2017 Standards for accessible information

<https://www.england.nhs.uk/about/equality/equality-hub/patient-equalities-programme/equality-frameworks-and-information-standards/accessibleinfo/>

Resources on oral care for people living with dementia

E-learning for Health: Improving Mouth Care

This free resource has been designed to give health and care staff advice and guidance for them to provide evidenced based mouth care for their patients and clients including those with dementia.

<https://learninghub.nhs.uk/catalogue/Improving-Mouth-Care>

Mouth Care Matters

Built to promote training for staff about the impact of poor oral health for older people in residential and hospital settings through the Mouth Care Matters programme.

<https://learninghub.nhs.uk/Catalogue/mouthcarematters>

University of Portsmouth - in collaboration with King's College London and Queen Mary University of London, funded by the National Institute for Health and Care Research

Easy to read and free resources to improve mouth and dental care for people living with dementia at home. <https://researchportal.port.ac.uk/en/projects/improving-social-care-practice-in-integrating-mouth-and-teeth-care>

Leaflet

Dementia UK

Information about oral health and a downloadable leaflet -Mouth care for people with dementia.

<https://www.dementiauk.org/get-support/maintaining-health-in-dementia/mouth-care-dementia/>

Videos

British Society for Disability and Oral Health

How to clean someone's mouth

<https://www.youtube.com/watch?v=7s9zZOpCDBc>

Mouth Care Matters

Videos can be found at: <https://learninghub.nhs.uk/catalogue/mouthcarematters?nodeId=12214>